

## SCENAR TREATMENT OF PROBLEM HAIR, BALDNESS, ALOPECIA.

Most men (and women) react extremely emotionally to the first signs of baldness. However, few know that this process can be stopped and even reversed.

Among the main factors affecting thinning hair, stress and trauma are the second most important factor after genetics.

In a state of high stress, the natural life cycle of the hair changes. That is, normal hair spends 85% of its life in the “anagenic” phase of growth, the hair of a person experiencing stress, on the contrary, goes too quickly into the “telogenic” phase of rest, when there is nothing left for the hair but to fall out.

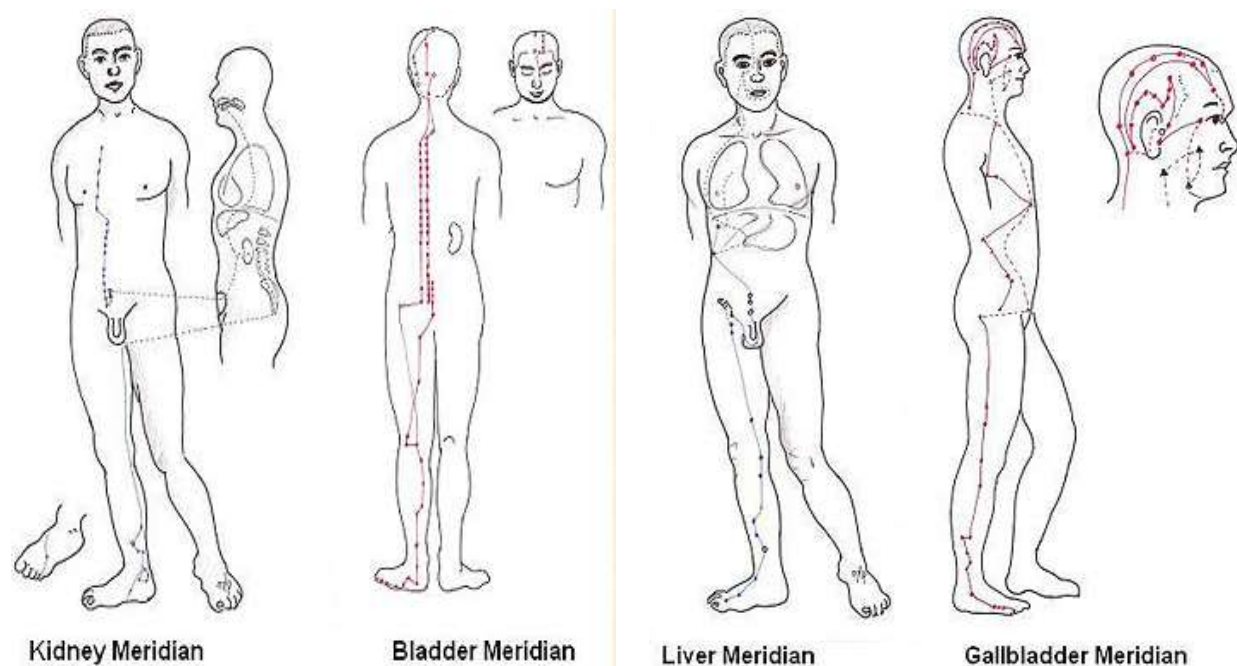
Telogen alopecia causes hair loss over the entire surface of the scalp. The good news is that stress-induced hair loss is not irreversible.

From the point of view of Chinese medicine, the cause of hair loss is a violation of the energy balance of two pairs of meridians: Bladder and Gall Bladder. Because these two TCM meridians are located on the head. Alopecia is caused by an excess of energy in one of these meridians or both. Organs always get sick in pairs, therefore, if there is an excess in one meridian, then there is not enough in another.

In the case of the Bladder, a lack of energy occurs in the kidneys. In the case of the Gall Bladder, a lack of energy occurs in the liver. Most often, hair is “burned” by the meridian of the bladder. Thus, people with diseases such as cystitis, renal failure, pyelonephritis, glomerulonephritis, sciatica, cholecystitis, hepatosis, hepatitis are at risk of baldness.

In addition, poor hair condition can be caused by skin problems, which, in turn, is associated with the condition of the colon and lungs.

Using SCENAR-therapy (neuro-adaptive electrical stimulator) is very beneficial for the trichologists for restoring the scalp and improving hair growth. It activates the microcirculation processes and improves tissue nutrition not only in the zone of local treatment, but also in the internal organs associated with this zone.



SCENAR treatment is used to:

- increase blood supply to the scalp, therefore, provide an increased hair growth;
- activate the part of the hair follicles that are at rest;
- improve the general condition of the hair and scalp;
- get rid of dandruff;
- stabilize the work of the sebaceous glands.

The positive effects appear after the first procedures.

The use of SCENAR therapy in patients with focal alopecia contributes to a fairly rapid restoration of the hair growth, as well as the prevention of the relapse of the disease.

If you are interested, you can search for the patent RU (11) 2234952 (13) C1 where SCENAR treatment technique “method for treating focal baldness” is presented.

According to this patent SCENAR treatment is performed on the reflexogenic zones and biologically active points. The reflexogenic zones of the projection area of the superior cervical sympathetic nodes, the spine, the face, and the projection of the liver are used for treatment. The treatment session takes 10 days.

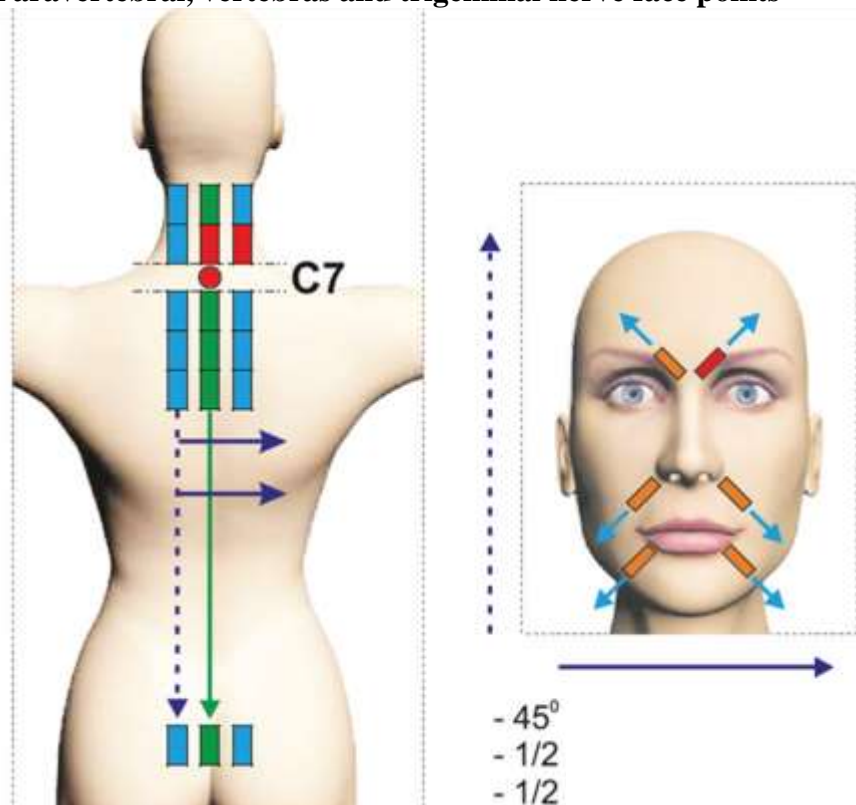
SCENAR settings and the treatment zone are designed for each treatment day.

### SCENAR against Alopecia

**Day 1** – work on the areas of the **backbone/spine** and the **facial zones** with F- 60 Hz for 15-20 minutes total, on the center of baldness/hair loss with F – from 20 up to 100 Hz for 1 minute.

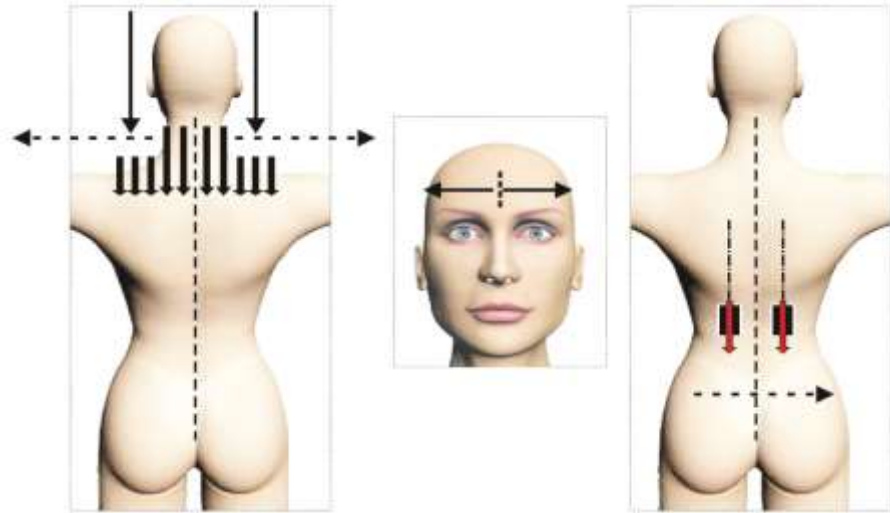
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#### Paravertebral, vertebrae and trigeminal nerve face points



## Collar

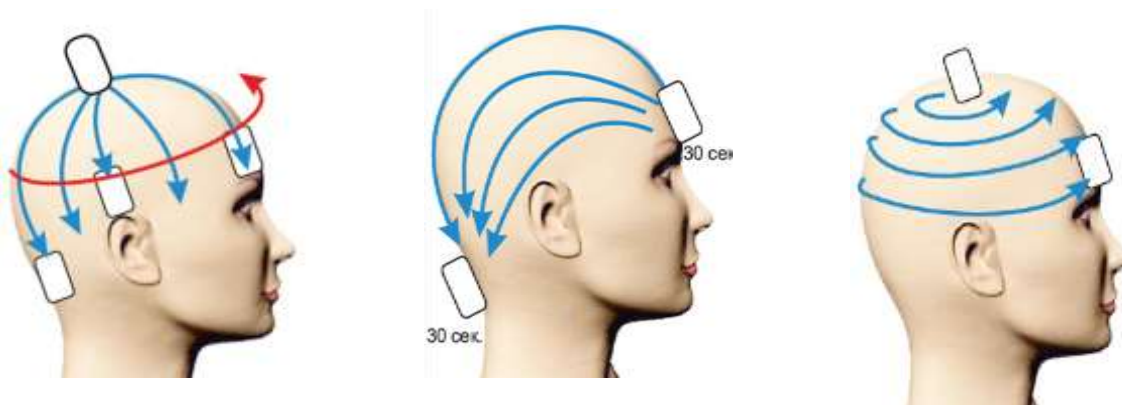
## Collar, forehead and adrenals



**Day 2** – work on **the neck-collar zone** with F - 60 Hz for 15-20 minutes, on the top cervical sympathetic nodes with F - from 15 up to 60 Hz for 1 minute from each side.

**Day 3** - work on area of **the backbone/spine and on the facial zones** with F - from 20 up to 100 Hz, for 15-20 minutes total, on the center of baldness/hair loss with F - 60 Hz for 5 minutes.

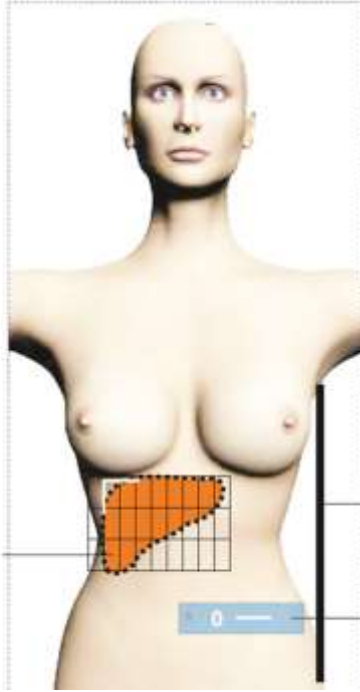
**Day 4** – work on **the area of the liver** with F - 60 Hz for 15-20 minutes, on the top cervical sympathetic node with F -t from 30 up to 120 Hz, with the pauses between impulses in a pack 1200 microseconds for 5 minutes from each side.



**Day 5** - work on **the neck-collar zone** with F - from 20 up to 100 Hz, the general duration of 15-20 minutes, on the center of **baldness/hair loss** with F - 60 Hz, duration of 5 minutes.

**Day 6** – work on the area of **the backbone/spine and on the facial zones** with F - 60 Hz, the general duration of 15-20 minutes, on the top cervical sympathetic nodes with F - from 15 up to 60 Hz, for 1 minute from each side.

**Day 7** - work on **the area of the liver** with F - from 20 up to 100 Hz, the general duration of 15-20 minutes, on the center of baldness/hair loss with F - 60 Hz, duration of 5 minutes.



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Please note the area of the backbone/spine also includes a line of spinous process of vertebrae and paravertebral lines, and the facial zones include places of an output/ exit of three branches of a trigeminal nerve: an orbital nerve, maxillary nerve and mandibular/mandible nerve. No changes will be noticeable upon completion of the course of treatment. Though in a month you may notice a plentiful growth of fluff/fuzz hair in all centers. In 3 months - plentiful growth of long and fluff/fuzz hair in all centers

**Day 8** - work on **the neck-collar zone** with F - 60 Hz, duration of 15- 20 minutes, on the top cervical sympathetic nodes with F - from 30 up to 120 Hz, duration of 5 minutes from each side.

**Day 9** - work on the area of **the backbone/spine and on the facial zones** with F - from 20 up to 100 Hz, the general duration of 15-20 minutes, on the center baldness/hair loss with F - 60 Hz, duration of 5 minutes.

**Day 10** - work on the area of **the backbone/spine and on the facial zones** with F - 60 Hz, the general duration of 15-20 minutes, on the top cervical sympathetic nodes with F - from 15 up to 60 Hz, duration of 5 minutes from each side.

Repeat course of treatment in two months.

**Also, if you feel confident about your knowledge you can use the following SCENAR techniques:**

**Step 1 – SCENAR techniques of the adaptation balance restoring.**

**Step 2 - SCENAR Drainage techniques.**

**Step 3 - SCENAR Energy techniques.**

**Step 4 – SCENAR Meridian treatment:**

“Sliding Method” or SCENAR Technique “Threes”.

**Step 5 – local SCENAR techniques.(abdominal and perineal zones)**

**Disclaimer.** The data presented here has not been reviewed by the FDA, nor has it been peer reviewed. The SCENAR devices used are approved by the FDA for the treatment of pain, but they have not been approved for other uses. The use of a device for an off-label use by a physician is legal. The use of SCENAR stimulation discussed here is only one part of a comprehensive program for supporting Hair Loss health.