

SCENAR THERAPY FOR CHRONIC AND ACUTE SINUSITIS

Sinus and airway problems can be debilitating, especially if they are chronic:

- Exhausting sinus pressures that respond to alternating courses of antibiotics and steroids almost every month.
- Frequent ear infections, including the need for ear tubes.
- When it seems that the cold is passing, another comes. It may seem like a hopeless and endless cycle.

The goal is to determine the source of inflammation in patients, which is often the main cause of sinusitis. First, you need to study the main reason, which is the immune system. Everything goes back to the intestines because most of the immune function is in the gastrointestinal system.

Traditional medicine considers chronic sinus and respiratory health problems to be incurable conditions that doctors can only relieve symptoms of. SCENAR therapists believe the secret to addressing these conditions lies in a holistic approach, not in countless antibiotics and over-the-counter drugs. Sinusitis and other chronic respiratory conditions are always caused by inflammation.

One group of diagnoses/ complaints with which SCENAR therapy works especially well is sinus node headaches (and headaches / migraines in general).

Treating the nasal areas with SCENAR signal will allow you to "open" them to reduce the nasal congestion. The use of special electrodes will make it possible to pass the toxin accumulations in your sinuses.

SCENAR treatment program for chronic sinusitis and respiratory organs is a healing process. The SCENAR works with the body's signals to promote self-healing via electrical impulses. Sinus congestion resulting from allergies can easily be alleviated using SCENAR to treat and drain the sinuses from mucus and infection. So, SCENAR provides a medication-free & non-invasive way to heal allergies.

Always treat both sides of the nose. Start with the sick/affected side. The treatment time on the healthy side is 2 times less than on the sick.

Additionally, treat all the nasal sinuses, as well as the back surface of the chest/thorax.

To increase the therapeutic effect, treat the reciprocal zones on the abdomen. To enhance the therapeutic effect, use the intranasal electrodes.

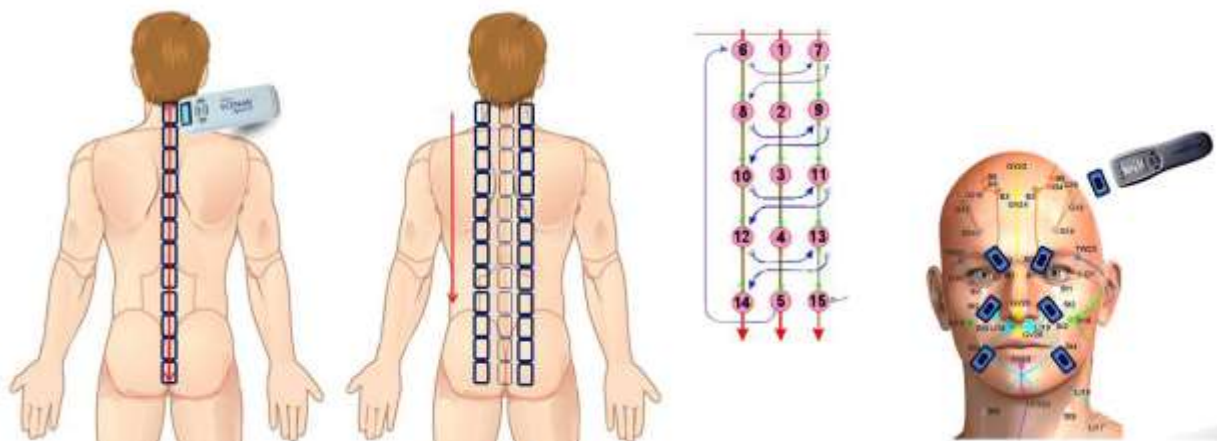
If the patient has and can show you the acute complaint or any sensation - you should start to treat Local zone which the patient shows (draws with a pen) - you can start with D-0 or D-1, in D-0 move the electrode with general vector using

basic F, if it is an **acute state** - combine with Dmpf - 3, and find Small Asymmetry (SA) and treat SA area in 4 vectors and change the setting – Int-3, Gap - 10 or FM.

You can start to treat local zone in D-1 using **SCENAR Technique “Small Cross”** or **“6 – B-Stereo”** (former name “MM”) and then continue to treat local zone in D-0 in 4 vectors to find SA.

Next procedure - treat any General zone (**SCENAR Technique “3 Pathways and 6 Points On The Face”**, **SCENAR Technique “COLLAR ZONE”** or **SCENAR Technique “Abdomen” in D-1**) and then treat local zone –

D-0, F-350 Hz in **acute state**; or 45Hz in **chronic state**.



Next procedure – perform **SCENAR Technique “Pirogov’s Ring”** in D-0 (FM or SW) and D-1 getting Doses (*) on each position or apply principle "Higher": compare Initial Reactions (IR's), get Dose (*) on the higher IR (+1), continue to move the electrode along the neck ring area and find next IR (+1) of the last high IR and again get Dose (*), move to the last position and always get Dose (*) on the last position. When you finish the route (full ring) - compare all Doses (*), choose the highest one, and it gets Zero @“0”.

Such a wide application of **SCENAR Technique “Pirogov’s Ring”** is explained by the anatomy and physiology of the neck, where in the projection of the "ring" there are many different active organs and tissues.

Method definition: repeated application in the form of rings around the neck in SDR (D-0), with changing the direction of the circular movements and stopping in the projection of the spinous processes for 30 seconds.

SCENAR Technique "Pirogov's ring"



Another procedure you can use is **SCENAR Technique "Christmas tree"**. The treatment zone is the projection of the intercostal spaces and the projection of the spinous processes of the thoracic vertebrae. Before the procedure, determine all the intercostal spaces on the back surface of the chest, from the mid-axillary line to the spine, and the line of the spinous processes.

During the procedure, the intercostal spaces are treated alternately on the right and on the left, asymmetrically on each side. The treatment line on one side passes without interruption into the line of the spinous processes, and on the other side ends in the midline of the back, without going beyond the intercostal space.

Vector of treatment - from the periphery to the center (from the outside to the inside) and from the bottom to the top.

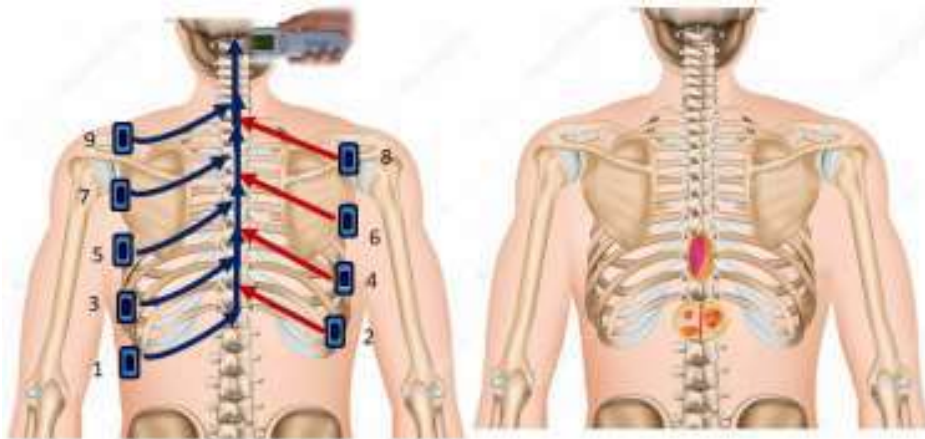
The treatment begins with the lower intercostal space. Gradually treat along and alternate all intercostal spaces.

As a result, the shape of **SCENAR Technique "Christmas tree"** is formed.

Device settings: D-0, F – 90Hz or 120Hz, VAR, SW, FM, FMBio BioF, Int+Gap.

The first route is the line of the intercostal space from the side of the active complaint, passing into the projection line of the spinous processes, which ends on the neck/ before the hair line. The routes are called the base and the trunk of the "Christmas Tree".

The electrode is located *longwise* following the treatment line.



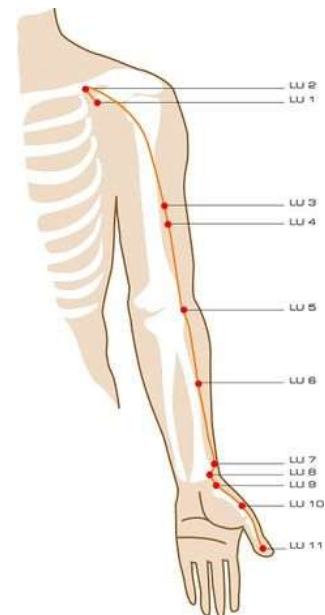
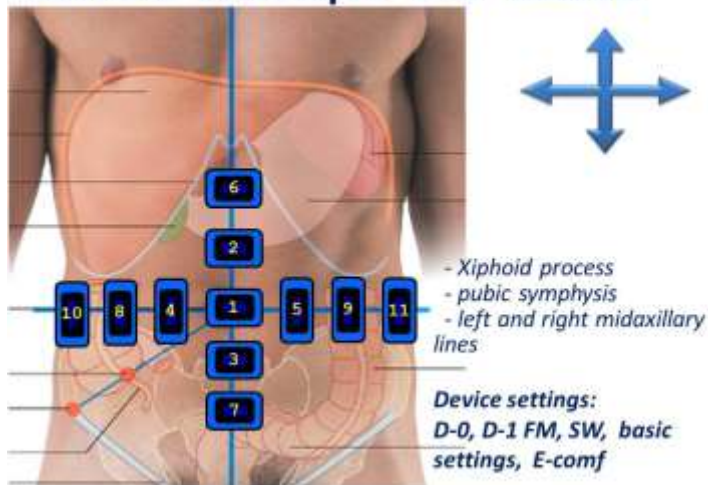
SCENAR Technique «Christmas Tree»

Also you can treat the zone “Lung's meridian” in D-1 (Int-2, Gap -10) - move the electrode along the lung meridian applying the principle "Higher".

Lieque (Lu 7) are used as a combination for sinus congestion, inflammation, headaches.

Perform **SCENAR** Technique “Large Cross” on the abdomen in D-1, basic settings and after treat sinus areas in SW in 4 vectors.

SCENAR Technique “BIG CROSS”

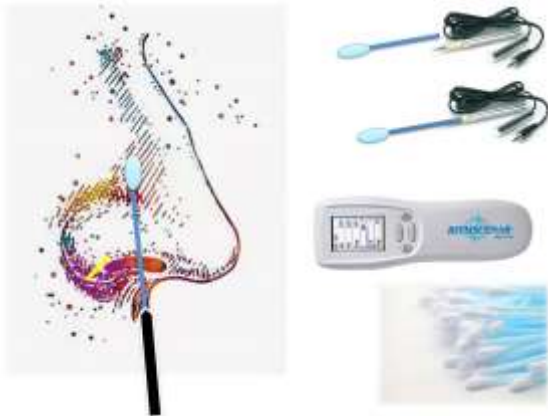


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The special nasal electrode OtoRin Dr Konnik

And after you can combine all above recommendations and to enhance the effectiveness of the above treatment, we recommend using this specially designed/manufactured electrode for direct treatment of the mucous membrane of the nasal cavity.

OtoRin is a special nasal electrode of a direct action on the nasal mucosa. It irrigates the sinus cavities by irritating the insides, shrinks the sinus walls, thus relieves the congestion. Mucus coming through the nasal passages can also flush out the tiny particles that trigger allergies.



Attach the electrode to SCENAR device. The cotton tip of the electrode (you will need a plastic Qtip cut to the length that equals the length of a metal part of the electrode to use as its disposable top), soaked in saline or Miramistin, is gently inserted into the nasal cavity.

Device settings: alternate **FM or SW4**,
E – comfortable.

Treatment time 10-15 minutes. In an acute condition - several times a day, as a preventative method in a chronic condition – once a day.

During the procedure, there is an abundant secretion of mucus, due to which the inflammation agents are released. It is necessary to provide the patient with a box of tissues.

Thus, using SCENAR therapy on a regular basis could prevent colds or lessen a length and symptoms. Patients with chronic nasal and sinus problems including seasonal allergies who perform SCENAR self-treatment show better results compared to the traditional methods.