

# SCENAR therapist's assistance. Part 1.



## SCENAR THERAPY CLINIC

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The following methods will help SCENAR therapists and those who are going to become one, to master the algorithms for treating patients with various diseases, using the control and general regulating capabilities of special areas of the head and neck.

And therefore, increase the efficiency of SCENAR therapy.

To begin with, it is necessary to form the correct attitude towards these special zones.

With SCENAR therapy, any area on the human body can be general regulating and controlling, however, the degree of this influence and the probability that the area appears as such different for different areas.

To obtain the maximum therapeutic effect in each specific case, SCENAR therapist should:

- Find the most influential zones.
- Select one main and two or three minor ones out of them.
- Treat them in a hierarchical manner.

The body has a reliable map of these zones and the body selects the zone with the help of its signaling system (pain, changes in the appearance of the skin or mucous membranes, changes in the physiological characteristics of the skin).

Our task is to read this map using SCENAR technology.

In the guidelines for each disease, not the places of treatment, but the places of search are indicated!

First, thoroughly ask the patient about the nature and location of the problem, the peculiarities of its occurrence, duration and accompanying sensations, about the connection with blood pressure, bowel function, menstruation, etc.

Then examine the patient, finding disorders, discoloration of the skin, the condition of the lymph nodes. If a complaint is pain, and the majority of the body's problems are accompanied by pain, then it should be carefully inspected/ examined, perceiving it as navigation in determining the vectors and zones of influence.

Such an analysis allows the patient to realize in detail his/ her pain, so that his psyche participates in the treatment process and captures all the nuances of changes.

### **What is pain?**

Pain is a piece of information about a disfunction in the biological system, a signal calling for a struggle and protection, for launching programs for the restoration of the damaged organs.

There is a lot of medication in traditional medicine that suppresses the perception of pain.

Nature has created a body capable of self-awareness and self-healing, endowing it with a set of biological self-regulation mechanisms, among which pain is a necessary link. Turning it off is just as wrong as turning off the siren in case of fire - so that the sound does not wake up the neighbors.

Moreover, the shutdown mechanism itself is usually harmful, and the elimination of the information channel leads to disorganization of congenital recovery programs (allergies, toxic hepatitis, dysbiosis, metabolic disorders, etc.).

SCENAR therapy allows you to eliminate pain not only by weakening peripheral perception, but also by restoring the damaged systems, without disrupting natural life support algorithms.

Under the influence of SCENAR therapy, the pathological process goes through all the stages of its "maturation", and the regulatory capabilities of SCENAR correct and maximize this process, bringing it to its logical conclusion, with the restoration of the tissue structure.

In this case, the restoration of function usually occurs before the restoration of tissue morphology and laboratory parameters.

In order to effectively use the information obtained during the examination, it is necessary to establish the nature of the pain.

After determining the nature of the problem, choose a treatment method.

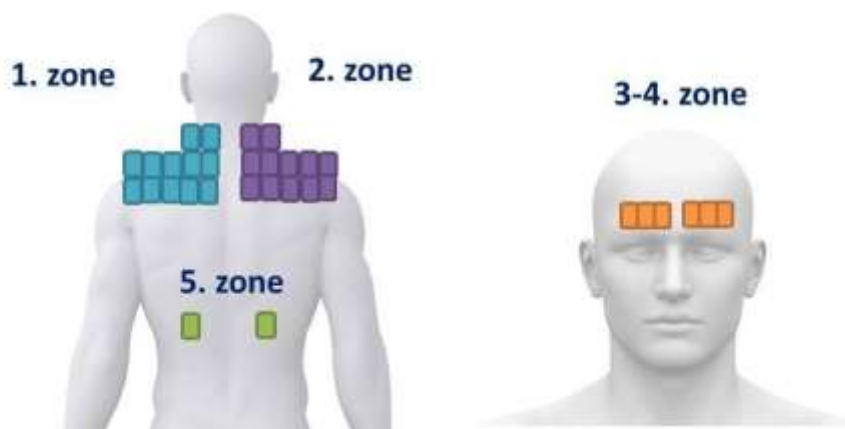
To do so, you should imagine the arsenal of tools that you have at your disposal:

- SCENAR and technology of its application:
  1. Work in **SDM** D-0:
    - a) Dynamic.
    - b) Stationary.
  2. Work in **IDM** D-1 (Individually-dosed, (digital) mode).
    - External electrodes. With their help, you can increase the effectiveness of SCENAR treatment.

## Neck Pain.

- The algorithm of actions is the same as for pain in the head, however, in addition to palpation of painful points, you should check the range of motion and pain during movement.
- Treatment can be started from the Collar Zone, assessing the signs of Small Asymmetry on all five routes (1-2 - Collar Zone, 3-4 – Face/ frontal zone, 5 - adrenal glands).

## SCENAR technique «COLLAR ZONE» CZ



In case of **severe local pain** (radiculitis, fibromyalgia), it is recommended to use:

- treating the center of the muscle mass,
- Competing analgesia outside the zone of an active complaint
- "**Bee sting**" technique,
- Technique "**SCENAR -vaccination**" on the point of pain

### Treatment of the center of the muscle mass

- Shoulder pain - the center of the deltoid muscle.

- Neck pain - center of the trapezius muscle.

Technique "**SCENAR -vaccination**" on the point of pain.

Is used:

- in the absence of effect from the treatment,
- with equally recurring pain.

Place the device to the point of pain at a tolerable Energy in the diagnostic mode D-1. Determine the **Initial Reaction**, take off the device and place it back in the same place getting / **V-/ Dose (\*)**, again take off the device and place it back getting Zero "0" @. Then get FMVar - 5 minutes.

Then in **D-0** mode, treat point of pain in the parameters **FMVAR 5 min**.

The area around the C7 -spinous process of the cervical vertebra - has a high reflex activity and treating it affects many systems and processes in the body.

In some cases, with hormonal discoordination in this area swelling is formed, sometimes significant - "hormonal hump". We noticed that in the presence of an allergic process, the treatment of this zone causes the appearance of a kind of red spots. Treating these spots speeds up the process of immune system rehabilitation. If the allergic process is eliminated, these spots stop appearing.

To regulate this zone, the use of "KonNika Rhombus" is very effective.

**Practicing SCENAR therapists are well aware that zones and various techniques on the abdomen give a good effect in the treatment of many diseases associated with immunity disorders.**