

SCENAR therapist's assistance. Part 2.



SCENAR THERAPY CLINIC

(Dr. Konstantin Nikitin, Russia)
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SCENAR Technique “KonNika Rhombus”

Every SCENAR therapist who uses D-1 mode and digital techniques in his work, dreams of a patient with a set of digital corridors and fast dynamics of symptoms.

In reality, we more often deal with patients who have decreased energy and response activity.

For such cases, we offer the author's combined technique “KonNika Rhombus” (named after its inventor Konstantin Nikitin) to add to SCENAR therapist's arsenal.

Initially, “KonNika Rhombus” technique was used as an additional treatment for men and women with various diseases of the genitourinary system.

The technique was performed in D-0 mode in the “Michaelis Rhombus” zone.

The nerve fibers of this zone, together with the lower hypogastric plexus, ensure the normal state and functioning of the human pelvic organs. Here are located the points of the meridian of the bladder, which are used by acupuncturists to treat the urinary organs and intestines.

“KonNika Rhombus” technique was originally invented for the treatment of “Michaelis Rhombus” for the gynecological problems and has proven to be quite effective.

Subsequently, it turned out to be successfully applied in the C7 zone of the cervical vertebra in the treatment of allergies and in many other zones and situations, for example, for abdominal pain.

This technique can be performed several times during the course of treatment.

It works well with SCENAR techniques on General Zones.

It is necessary to deliberately choose the center of the figure of this technique when working on other zones.

If the purpose of your procedure is problems related to Collar Zone, the center of the figure "KonNika Rhombus" is on C7

However, if the goal of your procedure is the thoracic spine, C7 will be the top of the rhombus figure.

And the boundaries will be other anatomical points.

"KonNika Rhombus" on the abdomen areas. Work around the navel or navel is a top of the rhombus.

When performed on the abdomen, the boundaries of the electrode placement can be extended to the spinous protrusions on the pelvic bones

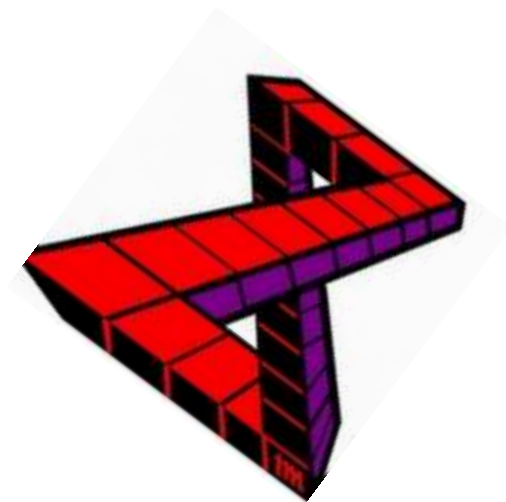
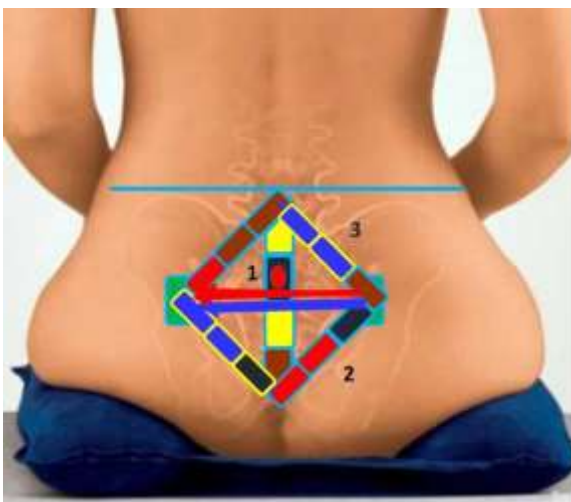
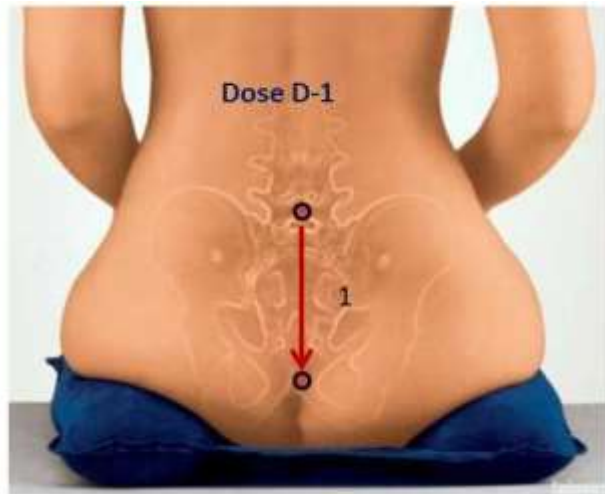
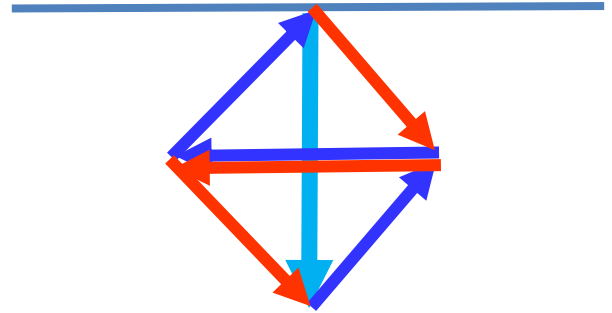
The technique is performed in two versions/ variants:

1. In SDM D-0 mode.

2. In IDM D-1 mode.

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“Michaelis Rhombus” is located on the back of the sacrum:

- the top angle is a deepening/ notch between the spinous process of the L5 vertebra and the beginning of the middle sacral ridge;
- the side angles are posterior superior iliac spines (spina iliaca posterior superior);
- the bottom angle - top of the sacrum.

“KonNika Rhombus” is formed by:

- the top angle - the point of intersection of the line connecting crests of the iliac bones with the spine;
- the side angles are the sacroiliac joints;
- the bottom angle is the apex of the sacrum

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In "Rhombus KonNika":

upper corner - the point of intersection of the line connecting crests of the iliac bones, with the spine; lateral angles correspond to sacroiliac joints;

The lower corner - the apex of the sacrum.

KonNika Rhombus” in D-0 mode is performed continuously ("in one route") in certain vectors, taking into account the sign of Small Asymmetry – “stickiness”.

With the accumulation of the experience in the methodology, this techniques expanded to three routes.

First route is vertical.

Two routes are shaped like Zig-zag and a combination of D-0 and D-1 modes is used on them. Such a combination unites the basic principles: combination and alternation, dynamics and stability, asymmetry and small asymmetry, cyclicity and opposition. In “KonNika Rhombus” technique SDM D-0 mode is Small Asymmetry, it makes the body to see the difference in treatment between the two modes in a homogeneous environment, gives the body an opportunity to compare and analyze the features of SCENAR signal.

As a result, “KonNika Rhombus” technique combined practically all the basic principles of SCENAR therapy.

RULES PERFORMING “KONNIKA RHOMBUS” TECHNIQUE:

1. Mark the boundaries of the angles of the rhombus.

2. The first route is vertical:

mode - D-1,

direction - from top to bottom,

E (Energy) - comfortable

the principle of treatment – any can be used ("Basic", "Higher", etc.).

3. Compare the Initial Reactions (IR) in the side angles of the rhombus from left to right to determine the treatment vector (direction from lower IR to higher IR.

If IR's are equal, start from left IR to right (according to the general vector).

4. The second route is zigzag, combined:

the first part of the second route - D-1 mode:

direction - diagonal, from bottom to top, from the inside out, (from the bottom angle to the side angle of the rhombus with higher IR),

the second part of the second route - D-0 mode:

the direction is horizontal, to the side angle of the rhombus with lower IR,

treat the signs of Small Asymmetry - “stickiness”,

the third part of the second route - D-1 mode:

- direction - diagonal, from bottom to top, from outside to inside, (from the side angle with lower IR to the top angle of the rhombus).

5. The third route is a zigzag, combined:

direction - opposite to the second route,

the first part of the third route - D-1 mode:

direction - diagonal, from top to bottom, from inside to outside (from the top angle to the side angle of the rhombus with larger IR),

the second part of the third route - D-0 mode:

direction - horizontal, towards the side angle of the rhombus with lower IR,

treat the signs of Small Asymmetry – “stickiness”,

the third part of the third route - D-1 mode:

direction - diagonal, from top to bottom, from outside to inside, (from the side angle with lower IR to the bottom angle of the rhombus).

6. Each route gets Zero“0”@ and max Zero“0”@ gets FMVar 2 min.

In the practical application of the "Rhombus" technique, the following therapeutic effects were noticed:

improvement of the general condition with the use of a rhombus on the abdomen; accelerated relief of local pain (on the back, on the abdomen, on the limbs, on the neck in acute laryngitis). For a smaller size of the use spaced electrodes, for example, "Pawns".

helps with allergic disorders (hay fever, atopic dermatitis, bronchial asthma), if the "Rhombus" is performed on the back of the neck, C7 is in the center of the rhombus. obtaining rapid clinical responses. Responses are systemic in nature (normalization of temperature, reduction of pain, cessation of uterine bleeding, stopping the progression of atopic dermatitis, reduction in size and softening of gallbladder stones, etc.).

energy and harmony effects.

We tried to increase the size of the "Rhombus" and apply it to other areas.

When we applied it on the stomach, we got the following effects:

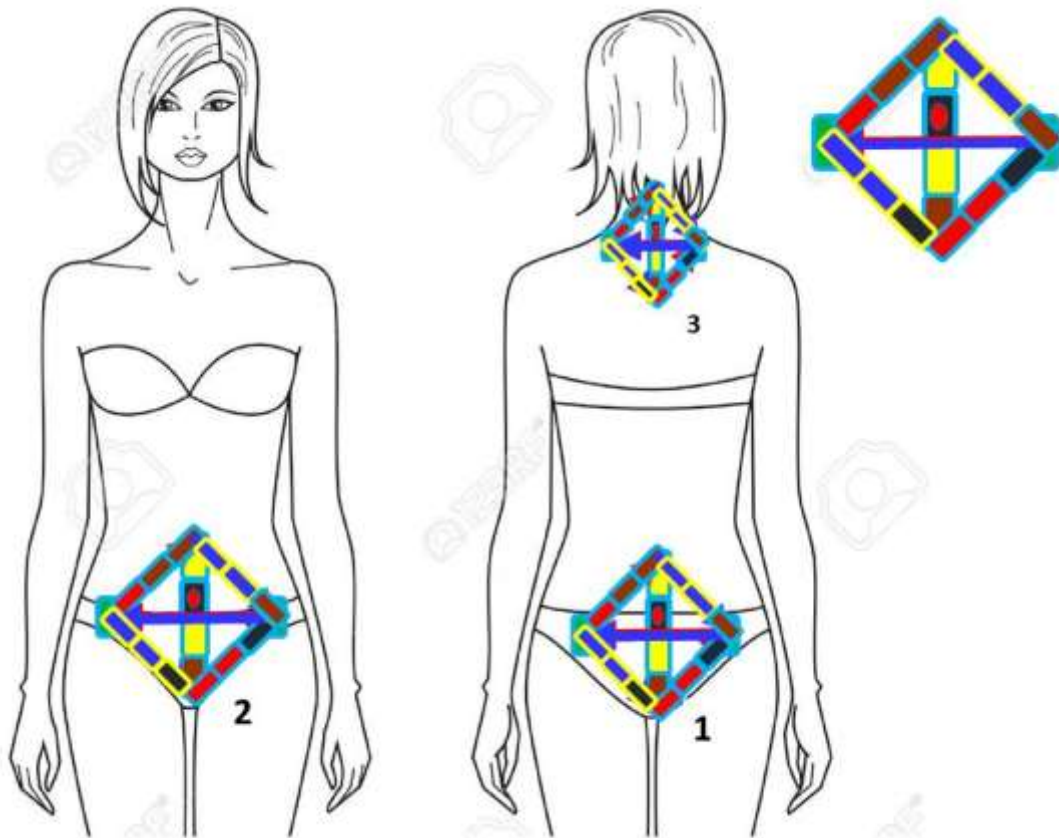
- Pronounced energetic and general harmonizing (well-being improves, intoxication decreases).
- Hypothermic (normalization of temperature was noted after a single treatment in children with purulent sore throat, acute otitis, pneumonia).
- Immune (in 3 sessions in a 5-year-old child, all symptoms of exacerbation of atopic dermatitis and widespread furunculosis were gone).

Practicing SCENAR therapists are well aware that zones and various techniques on the abdomen give a good effect in the treatment of many diseases associated with immunity disorders.

SCENAR technique "KonNika Rhombus"

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Possibilities of the new combined technique "**KONNIKA RHOMBUS**"

Animation

<https://drive.google.com/file/d/1q5gaqsgTIM7tN2QM3H01DwEHpOMhfCkf/view?usp=sharing>

We will be glad to hear the results of use from you.