

SCENAR THERAPY FOR ACUTE AND CHRONIC CONDITIONS

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SCENAR therapy is based on distinguishing between:

- acute process
- chronic process

1. ACUTE PROCESS:

- Appears suddenly and lasts for a short amount of time. This is different from chronic diseases, which develop gradually and remain for months on end.

Classification of acute conditions:

- 1. Acute conditions without impairing the function of vitally important organs and systems (breathing, heartbeat and consciousness). Can be treated multiple times during the day (either every 2 hours, or earlier if the pain returns again).
- 2. Acute conditions with dysfunction of vitally important organs and systems (apply “SCENAR-manuals”). No time or area limitation (sometimes even 24/7), work constantly without taking off the device of the skin, till the functions are restored.
- 3. Exacerbation of chronic diseases.

Main tasks:

The fastest possible completion of the pathological process, which leads to a decrease in the energy intensity of the pathological focus (i.e. a pronounced decrease in the energy consumption of the body to maintain its own stability).

The treatment is aimed at getting the *dynamics of the complaint*.

Treatment Zones:

- Projection of the complaint and the pathological focus.
- Thoracic spine.
- If necessary, General Zones, reflexogenic zones, resuscitation points.

Treatment Mode:

SDM (Subjectively Dosed Mode/ D-0) in combination and alternation with IDM (Individually Dosed Mode/ D-1).

Treatment Energy:

From sub-comfortable to the most tolerable. Comfortable for children.

Treatment Frequency

High Frequency - 120-350 Hz and Intensity are mainly used (if the device has this setting options).

How often to perform a procedure:

From every time a complaint occurs to once daily.

Duration of the treatment course:

Until complete recovery or until a state of optimal compensation.

2. CHRONIC PROCESS:

- Usually lasts for 3 months or longer and may get worse over time.

Chronic process can be:

- In the exacerbation state (which is easier to treat);
- a sluggish weak condition (which is harder to treat but more often in patients).

a) Exacerbation and continuous discomfort course

Main tasks:

Active treatment to accelerate and deepen the processes of restructuring the “energy-information” relationships and a complete restoration of impaired body functions.

Treatment Zones:

Combination of General Zones with segmental and projection zones, taking into account the nature and localization of symptoms.

Treatment Mode: IDM combined and alternating with SDM/ D-0.

Treatment Energy: Comfortable and sub comfortable.

Treatment Frequency

Alternation of base (F - 60-90 Hz) and high (F - 120-300 Hz) with low (F - 15-30 Hz) Frequency.

How often to perform a procedure:

From 2-3 times a day with activation of symptoms up to 2-3 times a week.

Duration of the treatment course: Up to 3 weeks.

b) Remission

Main tasks:

Maximum use of preventive measures. It is advisable not to treat without an initial complaint. In the case of treatment, the optimal effect after an additional examination is to identify zones of treatment.

Treatment Zones:

- During SCENAR therapy: General Zones.
- Treatment of zones according to the data of a functional study (Dr. Nakatani, auriculo-diagnostics).
- When complaints appear, add segmental and projection effects

Treatment Mode:

IDM combined and alternating with SDM D-0

Treatment Energy: Comfortable

Treatment Frequency

Base Frequency - 60-90 Hz. For stimulation 45 Hz. FM.

How often to perform a procedure:

If treatment is performed, from 1 time per day to 1 time per week

Duration of the treatment course: 2-3 weeks.

c) Asymptomatic course

Main tasks:

Show the body a problem that it does not see by forming the body's responses with the possible appearance of any subjective symptoms. Activation of the restoration processes. Optimal start of the course in the presence of any initial/ active complaint.

Treatment Zones:

Identification of treatment zones according to the data of a functional research. Treat General Zones, reflex zones and zones of correspondence.

When complaints appear - a combination with segmental and projection effects

Treatment Mode: IDM D-1 combined and alternating with SDM D-0

Treatment Energy: Comfortable

Treatment Frequency

Base Frequency - 60-90 Hz. For stimulation 45 Hz. FM.

How often to perform a procedure: From 1 procedure per day to 1 procedure per week

Duration of the treatment course: 2-3 weeks.

SCENAR Pro	Acute Inflammatory, Proliferation	Chronic (Remodeling)
Frequency, Hz	120-180-300	90, 60, < 60 (15)
AM	1) 3:1 – 1”; 2:1 – 2”; 1:1 – 2”	3:1 – 1”; 4:1 – 1”; 5:1 – 1”; 3:1 – 1”.
Damping	Sk2, Sk4,	Off, Sk1, Sk2, Var
	Every 2hours	1 time a day
Intensity	2-4	5-8
Gap	60-80	10-20
Dose	D-0+D-1, D-2	D-1, D-2
Presets	“Acute”	“Chronic”, “Recovery”

	Acute	Chronic
Frequency, Hz	340, 90	14, 60
Amplitude modulation	AM 3:1,	AM 3:1,
Frequency modulation	FM	FM
Dosing	D-0, D-2	D-1 + D-0, D-2 + D-0
PRESETS	Preset 1(2014,2018) (FM + AM), “ACU”	Preset 2 (bioGap) (2014,2018) , “SYS”