

Application of digital methods of SCENAR therapy for the treatment of acute bronchitis

By Dr. Iolanta Stanchak, MD

A 55-year-old **patient** came in for a visit with acute bronchitis and laryngitis after a viral infection 2 weeks later. Her complaints were severe cough and lack of voice, weakness, temperature.

*****Acute bronchitis** is caused by viruses and mixed viral-bacterial infections. The inflammatory process first affects the nasopharynx, tonsils, trachea, gradually spreading to the lower respiratory tract - the bronchi. The upper layers of the bronchial wall are affected: there is hyperemia and swelling of the mucous membrane, pronounced infiltration of the submucosal layer, dystrophic changes and rejection of epithelial cells occur. With proper treatment, acute bronchitis has a favorable prognosis, the structure and functions of the bronchi are fully restored.

Our treatment of bronchitis consisted of **SCENAR therapy** of:

- General zones to activate the general regulation of the body, active therapeutic effect, regardless of the problem,
- projection / local areas of manifestation of the problem
- additional zones (especially when there are active complaints with different localization) to restore self-regulation mechanisms of the normal functioning of the respiratory system as a whole: to activate the adaptive mechanisms, normalize the immune system, activate the detoxification processes, especially in case of an infection, and enhance the regulatory influence of the central nervous and the autonomic (autonomous) nervous systems.

When treating these zones, we used both modes: D-0 (SDM - Subjectively Dosed Mode) and D-1 (IDM - Individually Dosed Mode or digital mode).

Each SCENAR procedure begins with a survey. The purpose of the survey is to identify the presence, localization and characteristics of an active complaint "here and now" (the presence of maximum subjective discomfort at the time of the procedure).

In our case, this is: an active complaint (pain) without clearly defined boundaries. And auscultatory - hard breathing, dry and wet rales throughout the lungs.

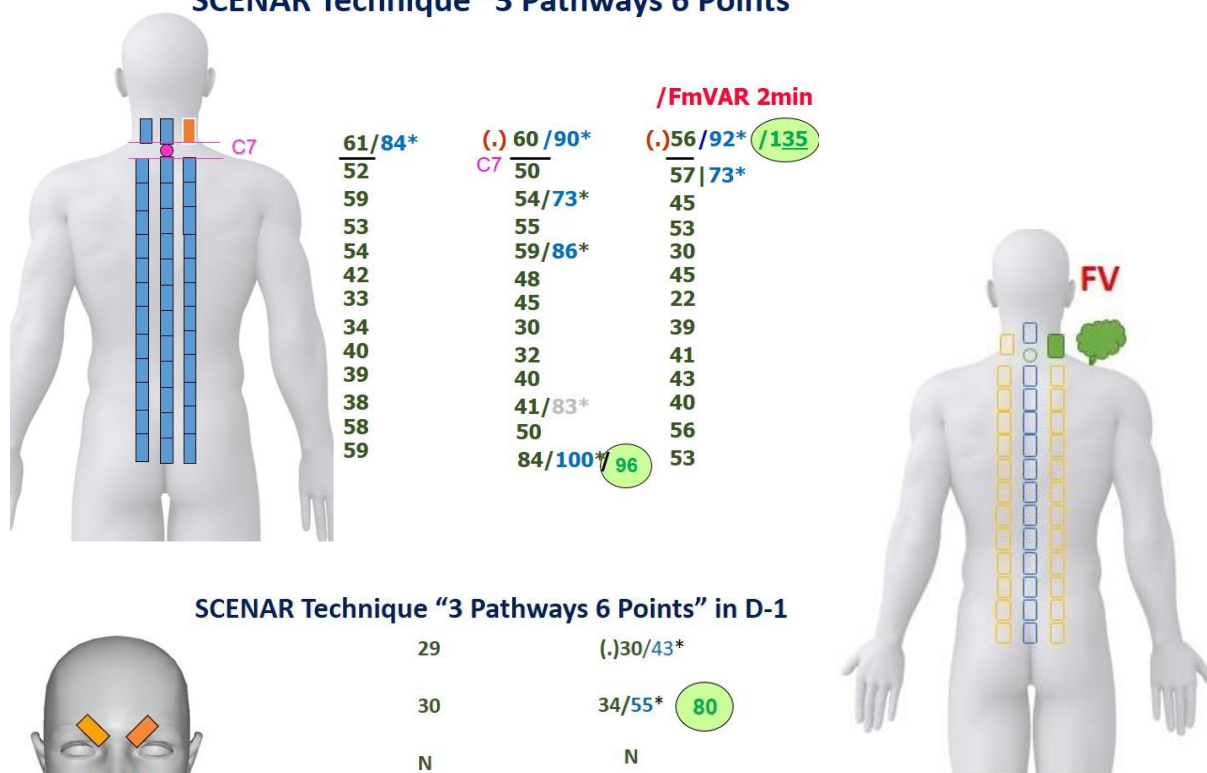
Because of severe general symptoms we performed SCENAR technique "3P6P" in accordance with the rules of treatment in the Individually Dosed Mode (D-1). Generally, treatment in IDM contributes to the restructuring of the body's adaptive reactions. The IDM treatment algorithm consists of comparing the obtained numerical values and identifying the affected areas on the skin through additional stimulation. Building sequential functions Dose (*), Zero @ "0" and FmVAR using the above algorithm helps the patient's body to form a vector of recovery.

SCENAR technique "3P6P" was performed in the same way as an expertise/examination to select additional treatment zones for the current (or next) procedure.

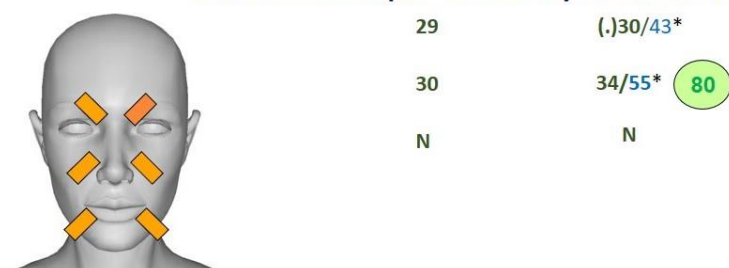
Conclusion:

After having finished working on 3P6P, we got **FmVAR** on the second route (paravertebral.) So it was necessary to additionally, in D-0 mode, work on the projections of the local zones on this level and the side where FmVAR was located.

SCENAR Technique “3 Pathways 6 Points”



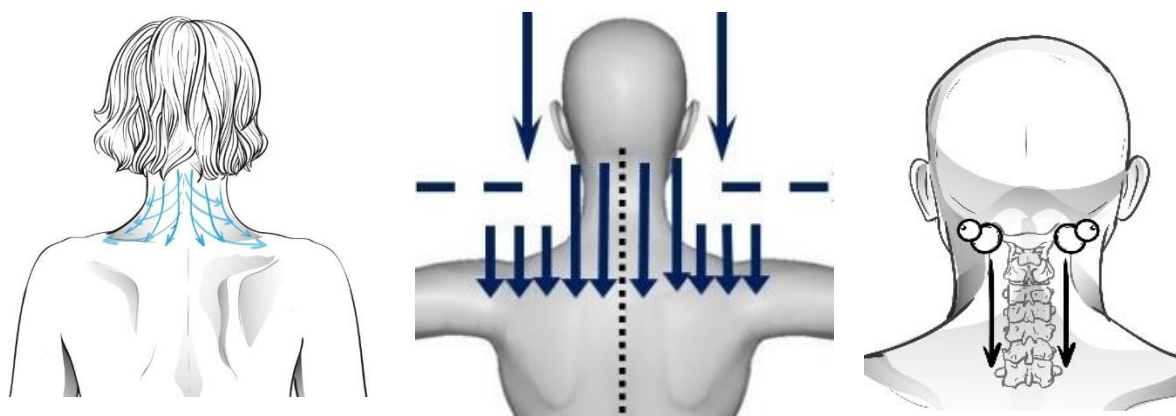
SCENAR Technique “3 Pathways 6 Points” in D-1



Also, General zone needs to be treated on the next procedure.

So, we treated **Collar zone projection**. It can be done with the built-in electrode of the device alternately on each side or using “Pawns” electrode on both sides simultaneously.

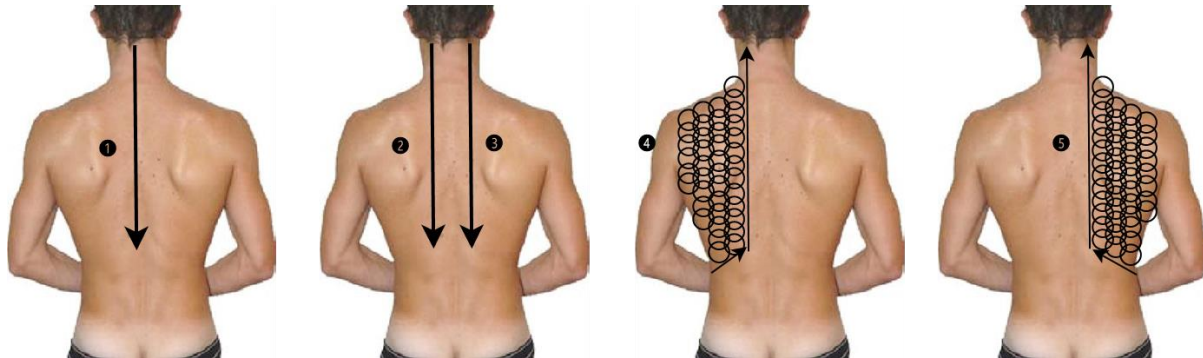
Device settings: F=30-60 Hz, Int - 3, Preset = “LoFM”. Treatment time 5-7 min.



“Lambs” / “Clouds” in D-0 was chosen as Additional treatment zone according to the patient’s symptoms and complaints. Generally, “Lambs” technique is used for the treatment of any lung, bronchial, nasal or breathing complaint, as well as to reduce coughs. The treatment zone consists of two parts: 1st part - 3 lines that are treated by the general vector, 2nd part - the left and right halves of the back surface of the

chest from the mid-axillary line to the paravertebral lines, which are processed from the bottom up. Treat the revealed Small Asymmetry additionally, after having changed the treatment mode. Use the modulated modes and change Damping.

Device settings: D-0, F- 350Hz, VAR, SW, FM, or Int-8, Gap-80.



In this course of treatment, “Lambs” technique was the last one to perform every day, while always changing the parameters of SCENAR device.

2nd DAY

On the first procedure, after performing “3P6P” technique, we got FmVAR on the neck, so on the second day we decided to perform the next procedure - Treatment of General Zones - Collar Zone according to principle “All Higher”.

1. **SCENAR Technique “Collar Zone”** – collar zone + forehead + adrenal gland projection.

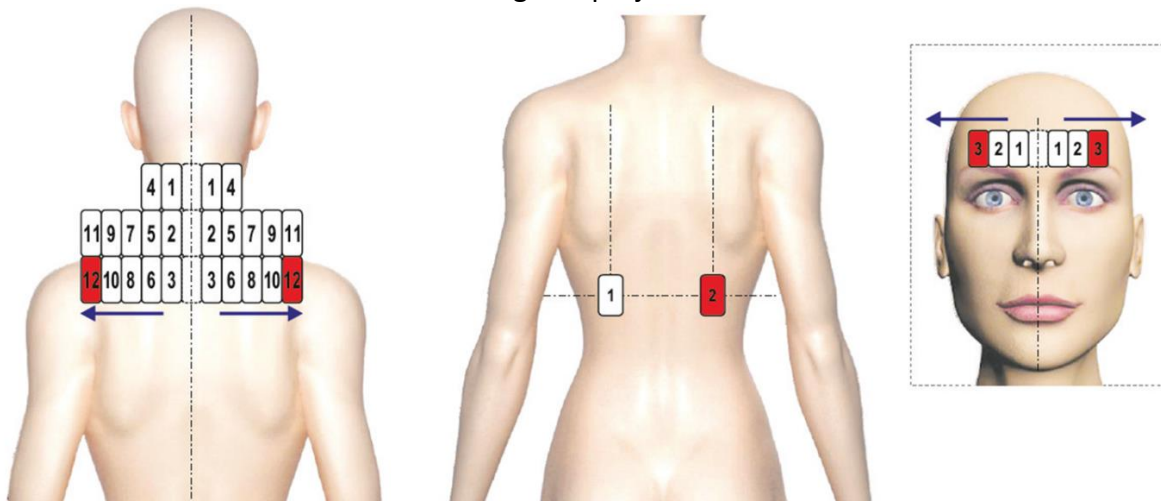
Device Settings: D-1, basic mode.

2. **Additional treatment zones:**

- Local treatment on the spine - **SCENAR Technique “Lymph rhombus”**
- **SCENAR Technique “Lambs”/ “Clouds” in D-0, Device settings:** D-0, Int-7, Gap – 80.

SCENAR technique CZ «COLLAR ZONE»

«CZ» – collar zone + forehead + adrenal gland projection



E-32

					/FmVAR 2min							
					39	63/100*	154					
37	35/58*	43	38	50/76*	55/84*	49/76*	43	45	47			
					/100	/120						
38/67*	36	40	31	49/114*	45	38	33	39	40/79*			
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E-16												
					41/65*	39	44/82*	130	45/74*	134	38	39/59*
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E-32						1 <u>30</u>				2* <u>34/50</u> *		

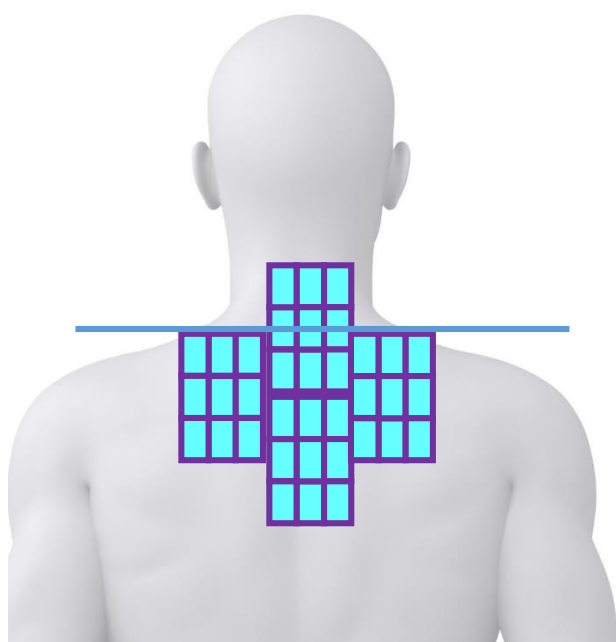
3rd DAY

Since the greatest activity is on the upper chest and neck, we performed **SCENAR Technique "9-Cycle"** on this area. Indications: the absence of Small Asymmetry reaction in the zone of "active complaint"; formation of response reactions according to the cyclic and reciprocal type in General Zones. Treatment zones can be on any part of the body: symmetrical, reciprocal, vertical, horizontal.

To get a higher effect of the treatment we performed 4 "9-Cycle" on the spine precisely on the local zones Collar Zone projection + C7.

Additional treatment zone: SCENAR Technique "Lambs" / "Clouds" in D-0, F-180.

On the 3rd day, there was no wheezing left in the lower sections of the lungs, it remained only in the upper ones.



2	4	6
9	1\IR*	8
7	5	3

4th DAY

We treated **Projection of the thoracic spine and paravertebral at this level**. The procedure consisted of:

Part 1 – thoracic region between shoulder blades according to Principle "All Higher",

Part 2 – "6 Bi-Stereo" on the most active areas.

In patients with the chronic complaints **SCENAR technique "6 Bi-Stereo"** not only activates the functional restructuring but also stimulates the recovery of organic changes (therapeutic procedure). Technique "6 Bi-Stereo" can be performed on any zone. Positions in the Technique "6 Bi-Stereo" can be located next to each other or be distanced.

Additional treatment zone: SCENAR Technique "Lambs" / "Clouds" in D-0, Int – 5, Gap – 80.

5th DAY

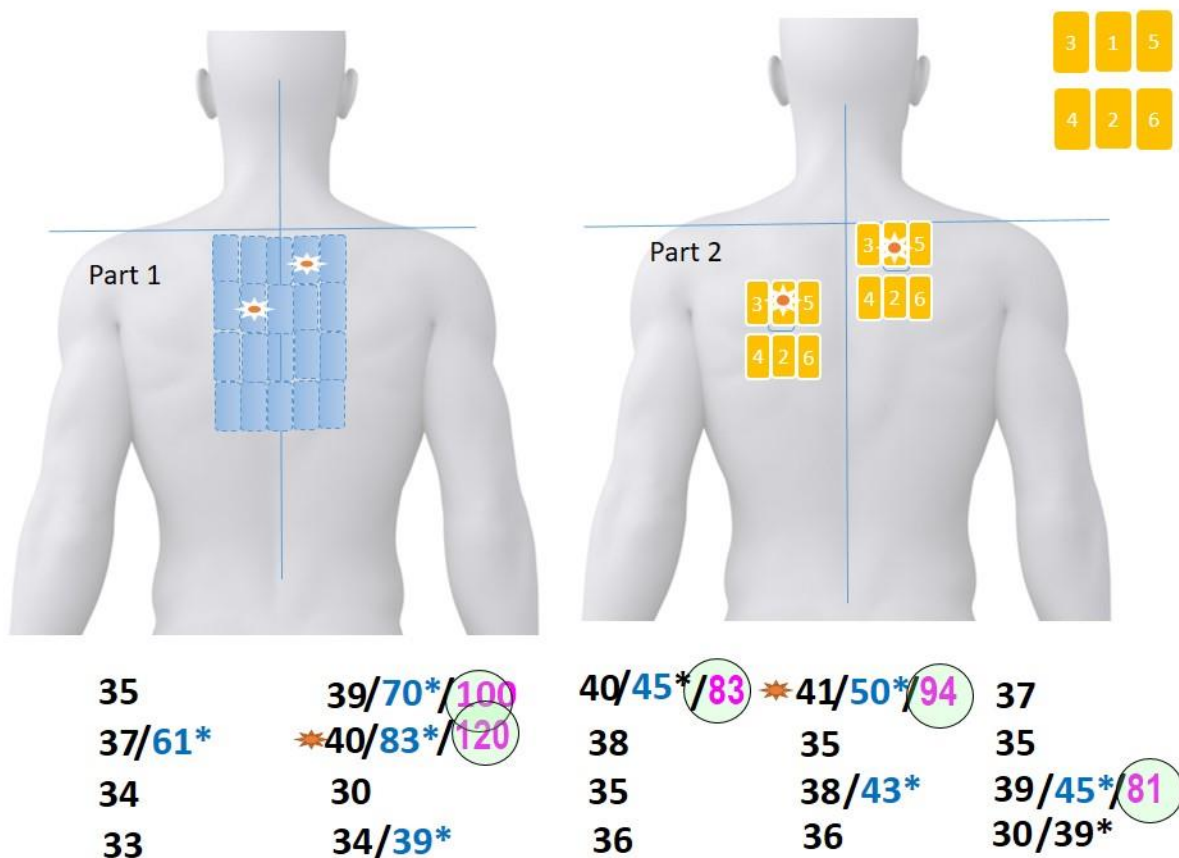
We made a decision to perform SCENAR Technique 3 Pathways on the back according to Principle "All Higher".

Result: The digital corridor and activity changed - this showed us the dynamics of the treatment process and indicated that the treatment was going well.

Additional treatment zone: SCENAR Technique “Lambs”/ “Clouds” in D-0, Int – 5, Gap – 80.

After auscultatory examination the patient showed complete absence of wheezing, or hard breathing.

Conclusion: activity moved down. In the next procedure, we should treat zone “Projection of the kidneys”.



6th DAY

We performed SCENAR Technique “9-CYCLE” (algorithm of local zone treatment - the projections of the **projection of the kidneys** /adrenal glands + C7) for body’s cleansing. This technique uses the rules of "reciprocal symmetry" (reciprocal pairs) and "cycling" around the center. Application and comparison are performed consequently along the general vector with the cyclic repetition (clockwise).

Device settings: D-1 – basic settings, E-comfortable.

We treated the projections of the **projection of the kidneys** /adrenal glands on the left and on the right, then C7 projection, using SCENAR Technique “9-Cycle”. In the first “9”, got IR + Dose (*) in the central position, then compared the IR’s in pairs clockwise, then compared all Doses (*) received and got Zero “0”/@ at the max Dose (*). Then repeated this algorithm on the following projections. Got three Zero’s “0” and the greater one got FmVAR 2 min.

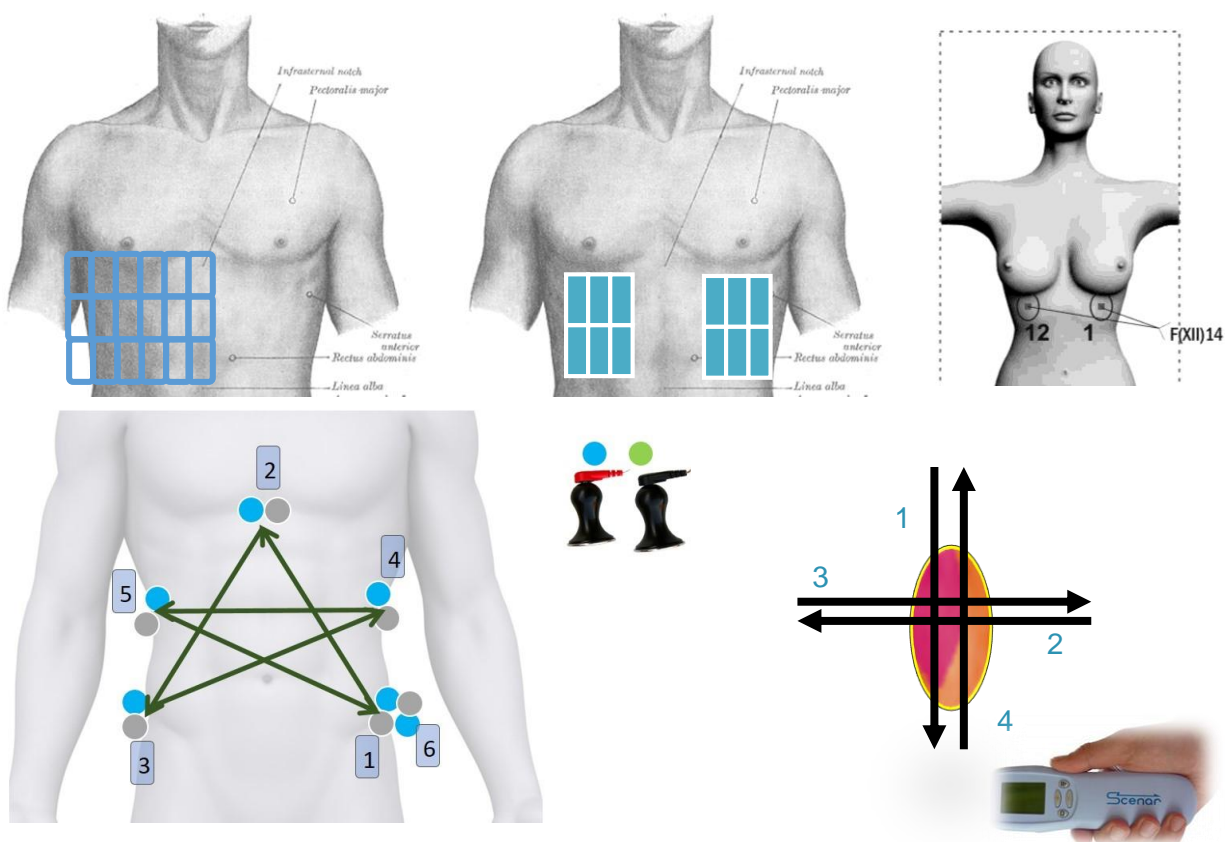
Additional treatment zone: SCENAR Technique “Lambs”/ “Clouds” in D-0, F-120Hz.

7th DAY

Analyzing the local zone procedure “3P6P” performed on day 5 of the treatment drew our attention to the active zones on the back corresponding to the LIVER.

We made a decision regarding SCENAR procedures for Projection treatment zones:

1. We performed SCENAR procedure on the **Projection Zone of Liver according to Principle “All Higher”**. This technique did not bring the expected result or any dynamics on the procedure. **Device settings:** D-1, D-0 basic, AM3:1, SW, FM, In D-0 stay on each position for 30 sec, In D-1 each position gets Dose (*) or «ALL HIGHER»
2. Next we performed SCENAR Technique “6” - Bi-Stereo” on Liver meridian F(XII)/F2.
3. Also we performed SCENAR Technique “Stars” in hopes to change the information and energy flow in the body from one zone to another by helping to clear the blockages. Wherever the “Star” is applied the main effect will be on the reciprocal to the zone being treated. E.g. SCENAR Technique “Star” applied to the lower abdomen will affect the collar zone. SCENAR Technique “Star” is different in its application as the vector is different than the general vector of “Top-Bottom-Left-Right”. The vector of “Star” is a counterclockwise cycle, always returning to its starting position.



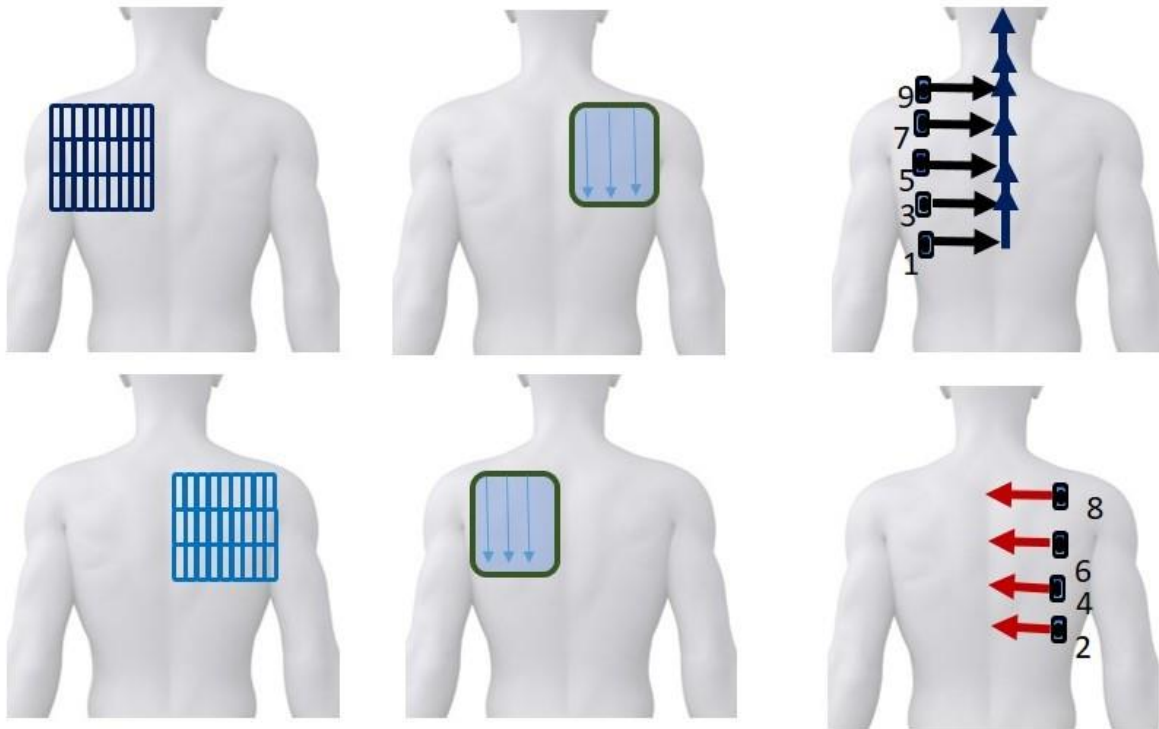
Additional treatment zones: SCENAR Technique “Lambs”/ “Clouds” in D-0,.

8th - 9th DAYS

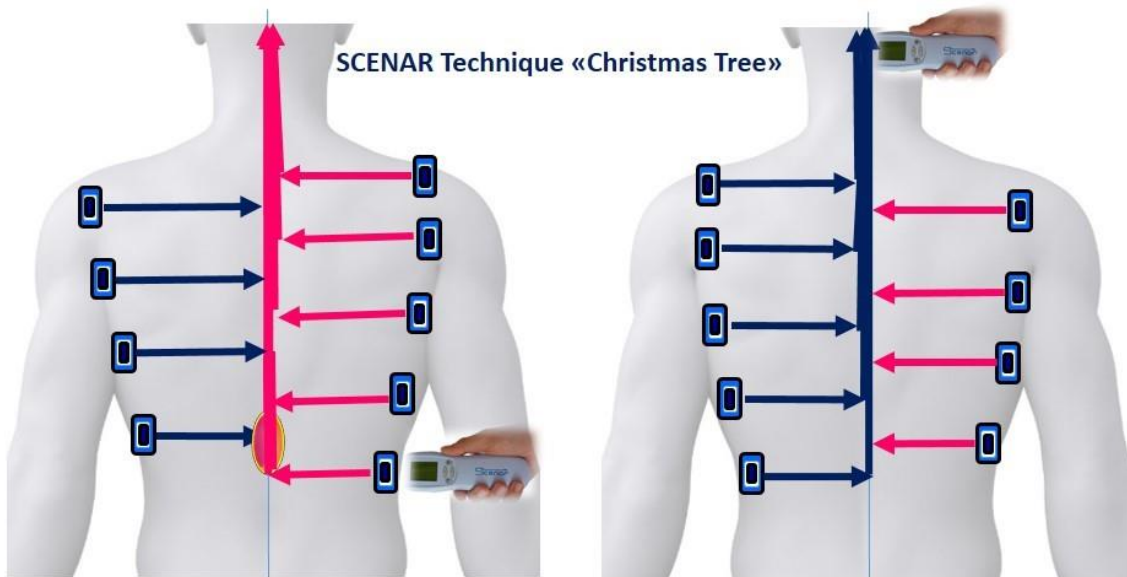
We performed **SCENAR Technique «Christmas Tree»** and **Squares on the back in the upper chest**.

Squares on the back in the upper chest. **Device settings:** D-1 Principle “All Higher” and D-0, FM, Int – 5, Energy - comfortable. Preset “**HiFM**”. Slide the device on the left, then on the right. Perform 3 passes.

Look for SA. When find, work in 4 vectors. When find the desired vector, work it out till the sign of SA disappears. Check in 4 vectors.



Also we performed SCENAR Technique «Christmas Tree» to help with the lower lung issues such as bronchitis and pneumonia to move mucus up and out. Brushed the back in shape of Christmas tree from outer edges on the bottom toward the center. **Device settings:** D-0, F-90 Hz.



10th DAY

Performed SCENAR Technique “3 Pathways 6 Points” in D-1. Auscultator - the patient is healthy, no complaints.