

# The Holistic Approach to Pollen Allergies in Practice of SCENAR Therapist

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Pollen allergy is probably one of the most common types of allergies nowadays. The most active period begins in spring and can last until fall.

Modern medicine has only been able to determine that when a person has allergies, mast cells are activated in the body and histamines are released, which are mediators of many physiological processes (swelling, inflammation and others). Therefore, medicine does not fight the cause of histamine activation, but the histamine itself. And the main treatment is antihistamines and, in severe cases, steroids that relieve inflammation and swelling.

As you know, SCENAR therapy removes the cause by creating a neurofunctional system that helps remove the breakdown in the immune system and can completely cure allergies.

## **Case from practice**

The patient - woman, 45 years old.

**Complaint:** Allergy to ragweed, 8 years.

**Symptoms:** stuffy nose, clear discharge, sore eyes, tongue with white spots.

**Test results:** Elevated Eosinophil which is an indicator of allergy.

**The first procedure on the course was SCENAR technique “Method #1” on zone “3 Pathways 6 Points”.** “Method #1” is gentle; it does not immediately put a patient into SCENAR complications. This technique is only performed once on the first procedure. This is a diagnostic and treatment technique.

The body had the following responses to stimulation:

- a) **Level of activity** - neck
- b) **Active horizontal** - liver
- c) **Level of activity** - lower back (hormonal system)

**During the course of treatment the following SCENAR methods and techniques were used:**

1. Immune SCENAR Technique “VITA” (Var. – 1, 2, 3) is recommended for stigmatized patients suffering from chronic diseases as well as secondary medical issues such as depression, anxiety, decreased quality of life and vegetative vascular dystonia. This technique can be combined: any variant or all and all other SCENAR techniques. “Vita” can be performed for 3 days.
2. General zone «3P6P» – three pathways (on the back) + six points (on the face). Treatment of this zone influences the body’s Central and Autonomic Nervous System.

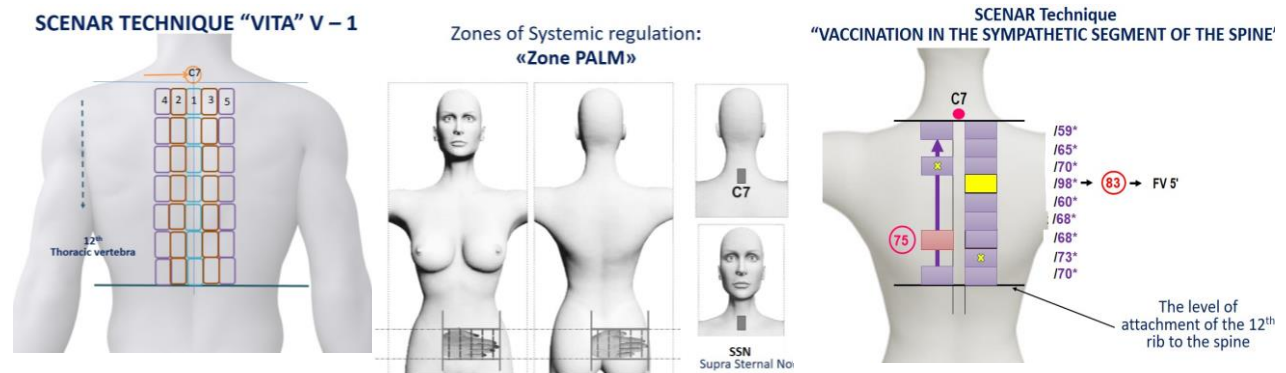
3. General zone **“Collar Zone”** - collar zone + forehead + adrenal gland projection. Treatment of this zone influences the body’s CNS, Endocrine system and Psycho-emotional condition. Additionally, **tongue** was treated (F-45Hz; 2-5 min).
4. General zone **“Palm Zone”** - projection of a palm on the abdomen + on the back + C7 + supra sternal notch. Treatment of this zone influences the body’s CNS, Endocrine and Immune system.
5. **Anterior projection of liver and pancreas** was treated with **“ABDOMEN zone «4 Squares”** and **“Stars of David”**.
6. **“9-cycle”** was performed **on projection of liver and pancreas**.  
Additionally, SCENAR Technique **“Star of David”** was performed.
7. **Projection of kidneys and C7 or Th-VIII** was treated with **“9-cycle”** for drainage.
8. SCENAR Technique **“Steering Wheel”**.

Please note, that procedures 5-8 were performed for drainage purposes.

9. SCENAR Technique **“3 Pathways 6 Points”**. Principle **“All Higher”**

At this point of our treatment the patient was re-examined to check what had changed. Activity moved to the liver zone.


10. **Projection of liver and pancreas** was treated. Liver is an immune organ, it is treated for hormonal problems and auto immune diseases.



Also, **SCENAR Technique “Vaccination in the Parasympathetic Segment of the Spine”** was performed to strengthen all healing processes because it was done during the last procedure. This technique directly enhances the influence of the parasympathetic division of the ANS on recovery processes and indirectly influences the acceleration of the body's adaptation processes. When the patient has changes but there are still complaints in the periphery - skin changes or residual nasal congestion, we perform a parasympathetic vaccination.

2 weeks after the treatment the patient took another test for Eosinophil level. The numbers went down. Please see the attached test results.


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Ліцензія МОЗ України  
 АЕ №197393 від 25.07.2013 року

Еозинофіли (EOS, Eosinophils)%	<b>8,1</b>	%	0 - 5
Базофіли (BAS, Basophils)%	0,5	%	0 - 1
Лімфоцити (LYM, Lymphocytes)%	28,0	%	17 - 40
Моноцити (MON, Monocytes)%	8,1	%	3 - 11
Нейтрофіли (NEU, Neutrophils)	3,54	Г/л (10*9/L)	2 - 8
Еозинофіли (EOS, Eosinophils)	<b>0,52</b>	Г/л (10*9/L)	0,0 - 0,5
Базофіли (BAS, Basophils)	0,03	Г/л (10*9/L)	0,0 - 0,2
Лімфоцити (LYM, Lymphocytes)	1,79	Г/л (10*9/L)	1,2 - 3,2
Моноцити (MON, Monocytes)	0,51	Г/л (10*9/L)	0,09 - 0,8
Діти:			

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 АЕ №197393 від 25.07.2013 року

Еозинофіли (EOS, Eosinophils)%	<b>2,2</b>	%	0 - 5
Базофіли (BAS, Basophils)%	0,7	%	0 - 1
Лімфоцити (LYM, Lymphocytes)%	29,1	%	17 - 40
Моноцити (MON, Monocytes)%	9,3	%	3 - 11
Нейтрофіли (NEU, Neutrophils)	3,14	Г/л (10*9/L)	2 - 8
Еозинофіли (EOS, Eosinophils)	0,12	Г/л (10*9/L)	0,0 - 0,5
Базофіли (BAS, Basophils)	0,03	Г/л (10*9/L)	0,0 - 0,2
Лімфоцити (LYM, Lymphocytes)	1,56	Г/л (10*9/L)	1,2 - 3,2
Моноцити (MON, Monocytes)	0,50	Г/л (10*9/L)	0,09 - 0,8
Діти:			

**Disclaimer.** The data presented here has not been reviewed by the FDA, nor has it been peer reviewed. The SCENAR devices used are approved by the FDA for the treatment of pain, but they have not been approved for other uses. The use of a device for an off-label use by a physician is legal.