



4th WEEK:

**3 PROCEDURE of SCENAR
Therapy for Endocrine system**



HAPPY NEW YEAR

Energy Medicine for Hormones

The endocrine system is responsible for hormonal functions in the body and produces 30 distinct hormones each of which has a very specific job to do.

This system controls your physical growth, mood, hormone output, reproduction, mental functionality, and immune system. When not working properly you become more susceptible to disease and your ability to fight off infection is weakened. Endocrine glands and their functioning impacts every area of your health.

The keystone of energy medicine has always been awakening the body's natural intelligence to heal itself and restore balance to the system of energy pathways (called "meridians") that crisscross the body.

If the meridians within your body have become depleted you can suffer from tiredness, infertility, weight gain, depression, digestive problems, hair loss, arthritis, and feeling chilled no matter the temperature.

ENDOCRINE SYSTEM

The endocrine system is a series of glands that produce and secrete hormones that the body uses for a wide range of functions. These control many different bodily functions, including:

- *Respiration*
- *Metabolism*
- *Reproduction*
- *Sensory perception*
- *Movement*
- *Sexual development*
- *Growth*

Hormones are produced by glands and sent into the bloodstream to the various tissues in the body. They send signals to those tissues to tell them what they are supposed to do. When the glands do not produce the right amount of hormones, diseases develop that can affect many aspects of life.

10th PROCEDURE-

SCENAR TECHNIQUES:

- Hormonal Reflexology cross-connection (every morning) - The front inner surface of the thigh + The back outer lower leg/ calf.
- Posterior: Sacrum, including L5 + Anterior: Pelvis, pubic symphysis, and the perineal area, including the labia majora.

11th PROCEDURE –

SCENAR TECHNIQUES:

- Hormonal Reflexology cross-connection (every morning)
- “Palm Zone” – projection of a palm on the abdomen + on the back + C7 + suprasternal notch.

12th PROCEDURE –

SCENAR TECHNIQUES:

- Hormonal Reflexology cross-connection (every morning)
- “Hormonal/Endocrine Star” – 6 Simple “Crosses” on Sacrum, Right foot, Left ovary/testicle, Right ovary/ testicle, Left Foot, back to Sacrum (1 more Cross). Compare all the Zero’s, FMVAR 2 min.

10th PROCEDURE (DAY 10)

SCENAR TECHNIQUES:

- Hormonal Reflexology cross-connection (every morning) - The front inner surface of the thigh + The back outer lower leg/ calf.
- Posterior: Sacrum, including L5 + Anterior: Pelvis, pubic symphysis, and the perineal area, including the labia majora.

Hormonal Reflexology Cross-connection

Reflexology zones on the limbs

The front inner surface of the thigh + The back outer lower leg/ calf.

Treat the zone by sliding SCENAR device in SDM/D-0 along General Vector from top to bottom and try to find signs of Small Asymmetry. Treat these signs of SA to the opposite state.

For right-handed patients treat left thigh + right calf,
For left-handed patients treat right thigh + left lower leg/ calf).



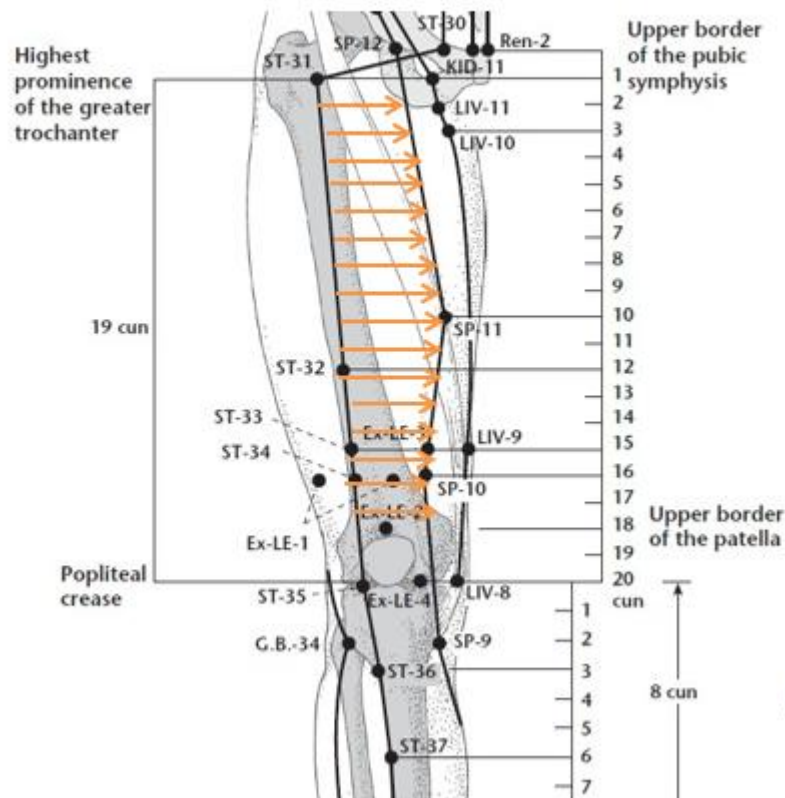
Hormonal Reflexology Cross-connection

Reflexology zones on the limbs

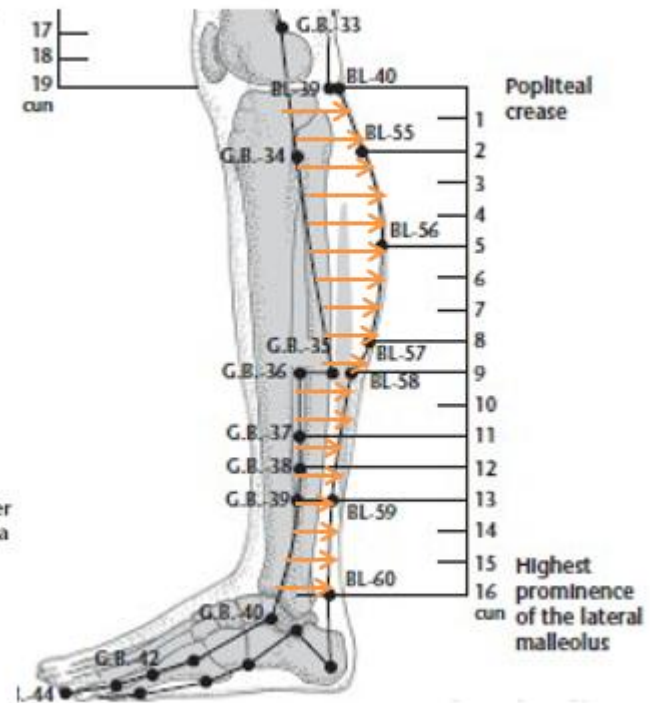
The front inner surface of the thigh + The back outer lower leg/ calf.

From a **reflex therapy perspective**, the inner surfaces of the thighs can be treated in relation to the lower legs.

From the stomach to the spleen
meridian

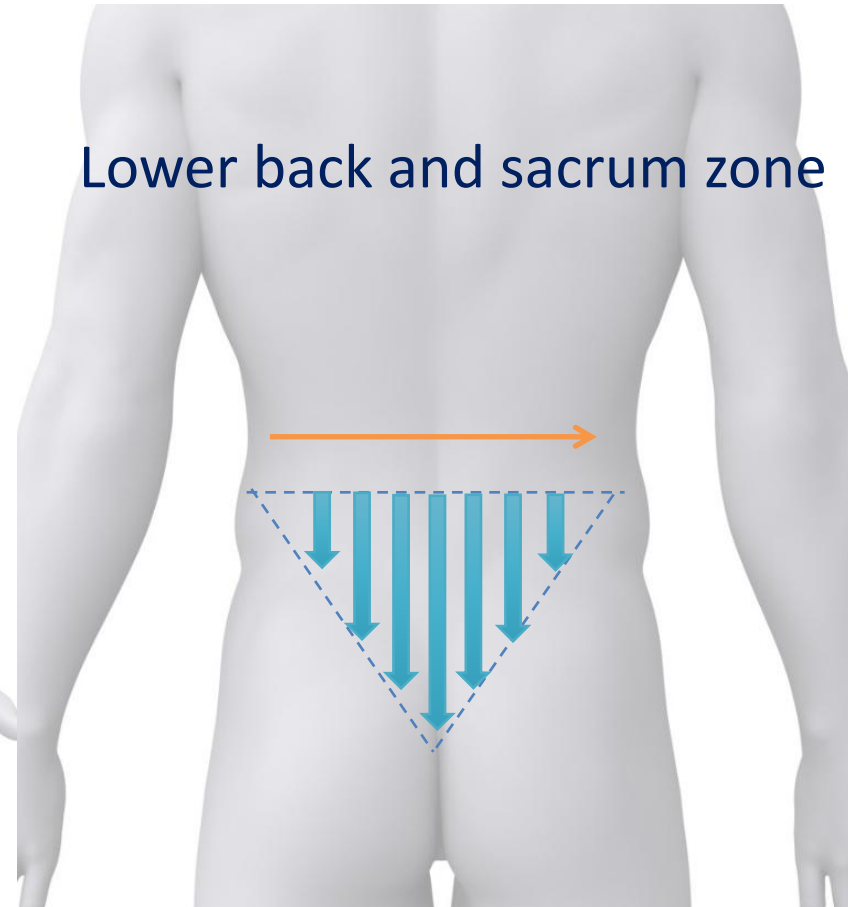
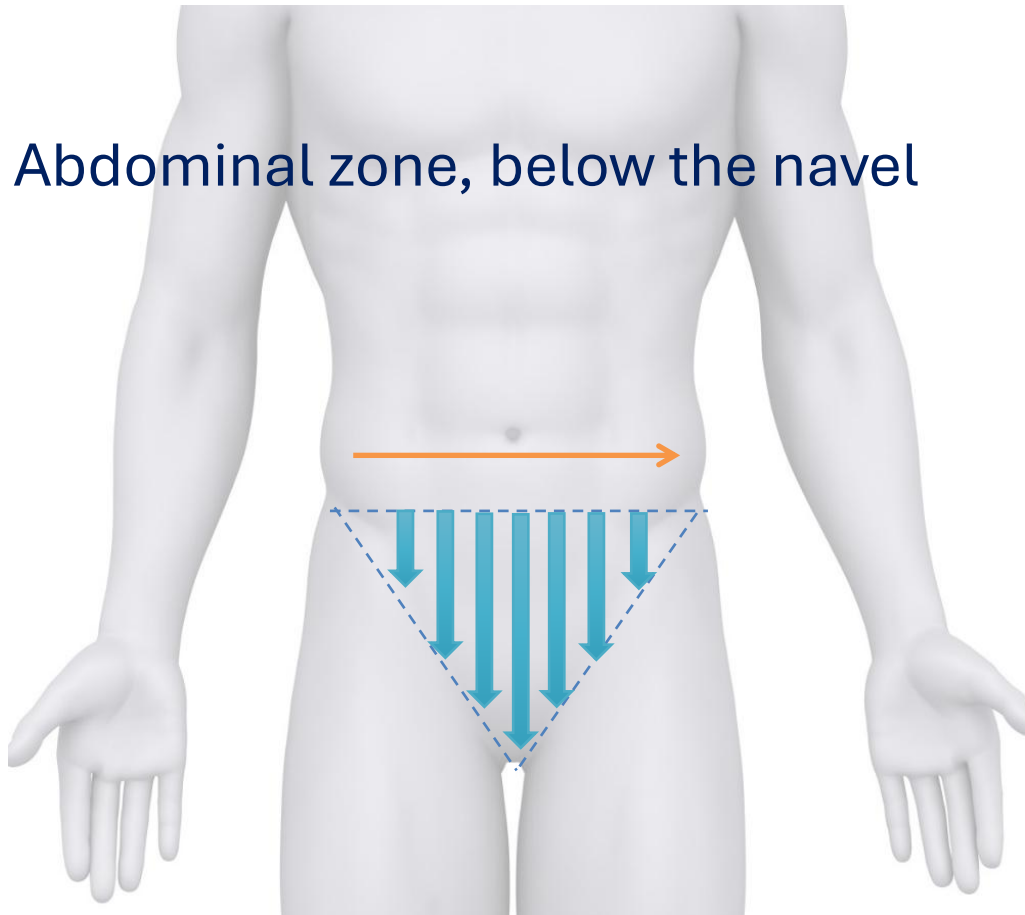


From the gallbladder to the bladder
meridian



Anterior and posterior lower body triangles

1. Treat along General Vector in SDM/D-0 generating hyperemia in the treatment zone.
2. Anterior: Pelvis, pubic symphysis, the perineal area, including the labia majora.
3. Posterior: Sacrum, including L5.



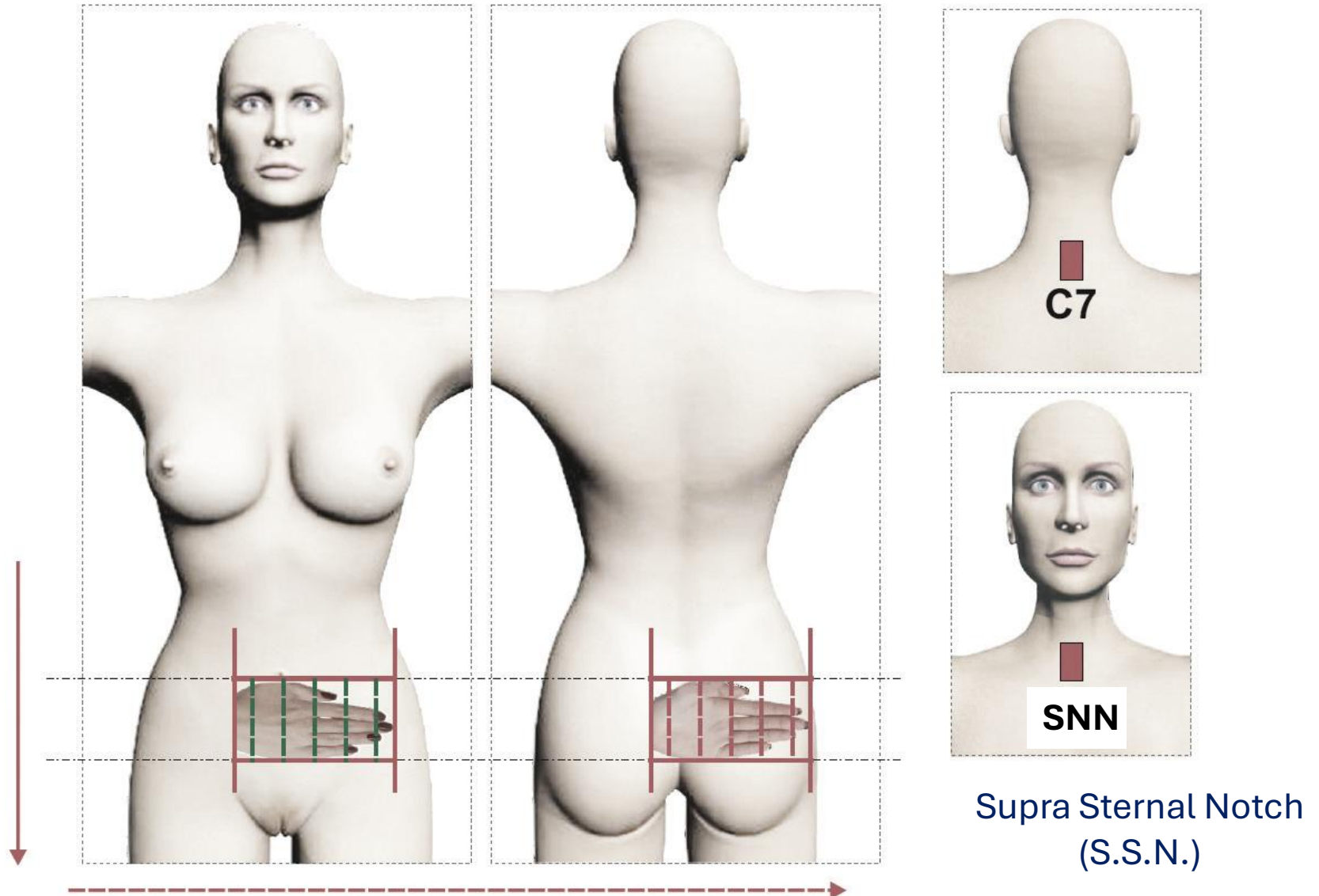
11th PROCEDURE (DAY 11)

SCENAR TECHNIQUES:

- Hormonal Reflexology cross-connection (every morning) – see Day 10
- “Palm Zone” – projection of a palm on the abdomen + on the back + C7 + suprasternal notch.

ZONES OF SYSTEMIC REGULATION

SCENAR technique «PALM Zone»



ZONES OF SYSTEMIC REGULATION

SCENAR technique «PALM Zone»

is useful for complaints related to the lower back and lower abdominal area, urinary system, and gynecological areas.

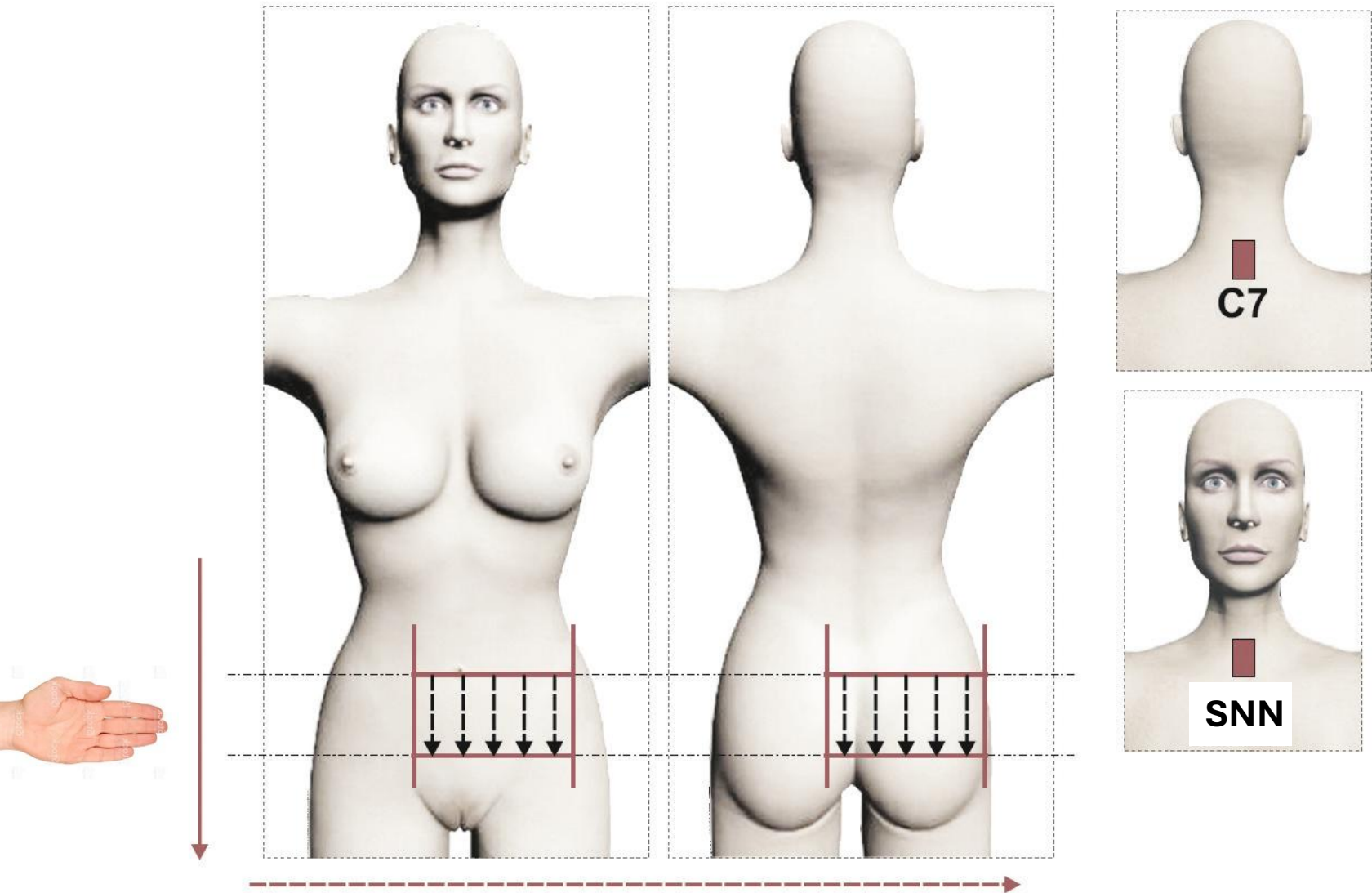
It is called “Palm Zone” because the patient's palm is used to determine the individual treatment area.

The treatment area in the Palm zone is:

1. the pubic area (outlined by the patient putting their hand over the pubic area),
2. the sacral area (outlined by the patient putting the back of their hand over the sacral area),
3. the area over vertebra C7,
4. the Suprasternal Notch (the notch above the breastbone).

ZONES OF SYSTEMIC REGULATION

SCENAR technique «PALM Zone» in SDM D-0



ZONES OF SYSTEMIC REGULATION

SCENAR technique «PALM Zone»

1. Mark the borders of the surface for the treatment, when the patient is standing, and to treat, when the patient is laying down.
2. Ask the patient to put her/his palm (the one he/she chooses involuntary) over the pubis. The middle line of the palm should be straight above the pubis. With the help of a marker mark four spots, these are above and below the palm, on the left and on the right of the palm.
3. Remove the palm. Draw a rectangle connecting the marks. You will see that the rectangle is situated not straight in the middle of the pubis zone. It is longer in the side, where the fingers were laying.
4. After that ask the patient to turn her back to you. Tell him/her to put the other palm right on the over sacrum zone (like it is shown in the picture). Make the marks and connect them as you have done before. The situation here will be quite the opposite. Now on the other side (for the patient) one side of the rectangle will be a little longer.
5. Switch on the device. On the shoulder surface set Energy level, which is subjectively comfortable (E-comf).

ZONES OF SYSTEMIC REGULATION

SCENAR technique «PALM Zone»

6. Increase Energy to a comfortable level whilst on the skin outside the area of treatment - begin by placing the device outside the border of the front palm zone and slowly increase Energy level until the patient feels a comfortable 'tingling' sensation. Also place SCENAR on the opposite side of the front palm zone (outside the treatment zone) to begin the body noticing differences: ask the patient what difference they experience in the feelings of SCENAR impulse between both sides of the front palm zone. Find an appropriate level of energy to continue the treatment. Write down Energy level.
7. Begin the treatment by placing SCENAR electrode vertically in the top left corner of the treatment zone and hold with firm pressure for 5 seconds or so. Slide/Drag the device slowly down each pathway with firm even pressure and holding the device firmly at the end of each pathway for 5 seconds. Treat in the general vector - top to bottom and left to right, making sure each pathway either touches or overlaps.

ZONES OF SYSTEMIC REGULATION

SCENAR technique «PALM Zone»

8. Repeat this treatment process 3 times until Small Asymmetries begin to show. Look for stickiness of the electrode, changes in skin color, hypersensitiveness, and changes in sound of the device as it is being dragged across the skin.
9. When Small Asymmetry is located, use the 4-direction vector treatment method or change the settings on SCENAR to create a dynamic.
10. Turn patient over on to their stomach and repeat steps 7 to 9 on “Palm Zone” on the patient’s back.
11. Sit patient up and treat C7 vertebra using the 4-direction vector treatment method
12. Move to the front of the patient and treat the Suprasternal Notch using General Vector 3 times – slide/drag the device from top to bottom.

12th PROCEDURE (DAY 12)

SCENAR TECHNIQUES:

- Hormonal Reflexology cross-connection (every morning)
– see Day 10.
- “Hormonal/Endocrine Star” – **6 Simple “Crosses”** on Sacrum, Right foot, Left ovary/testicle, Right ovary/testicle, Left Foot, back to Sacrum (1 more Cross). Compare all the Zero’s, FMVAR 2 min.

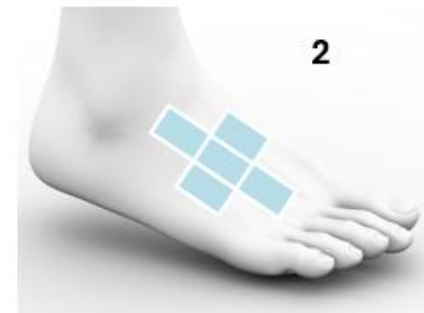
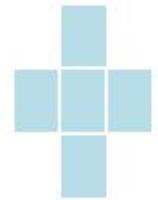
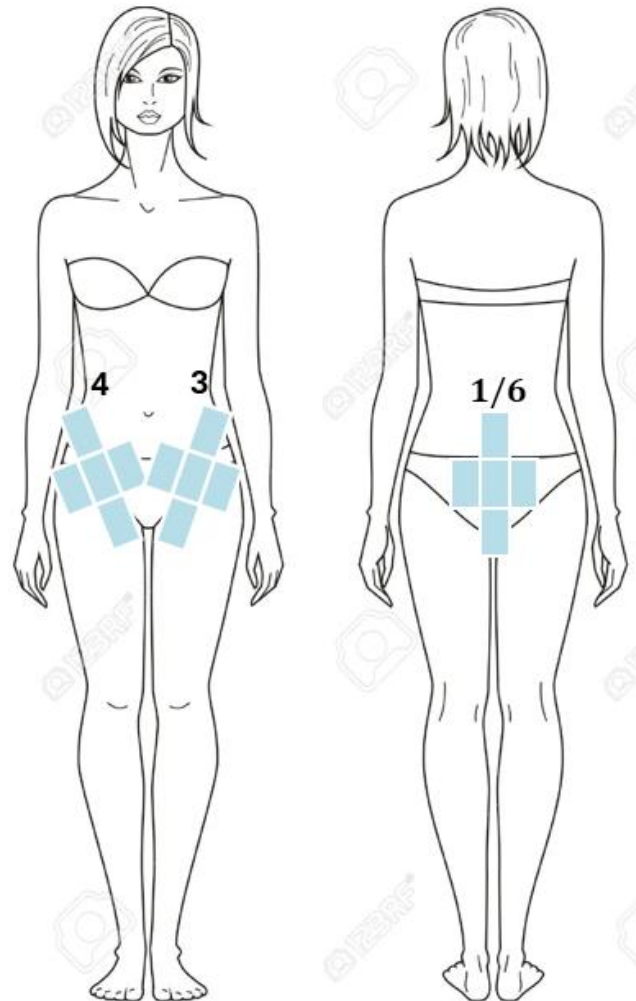
“Hormonal/Endocrine Star”

Perform 6 Simple Small “Crosses” in the following order “building” a star:

1. Sacrum,
2. Right foot,
3. Left ovary/testicle,
4. Right ovary/ testicle,
5. Left Foot,
6. back to Sacrum (1 more Cross).

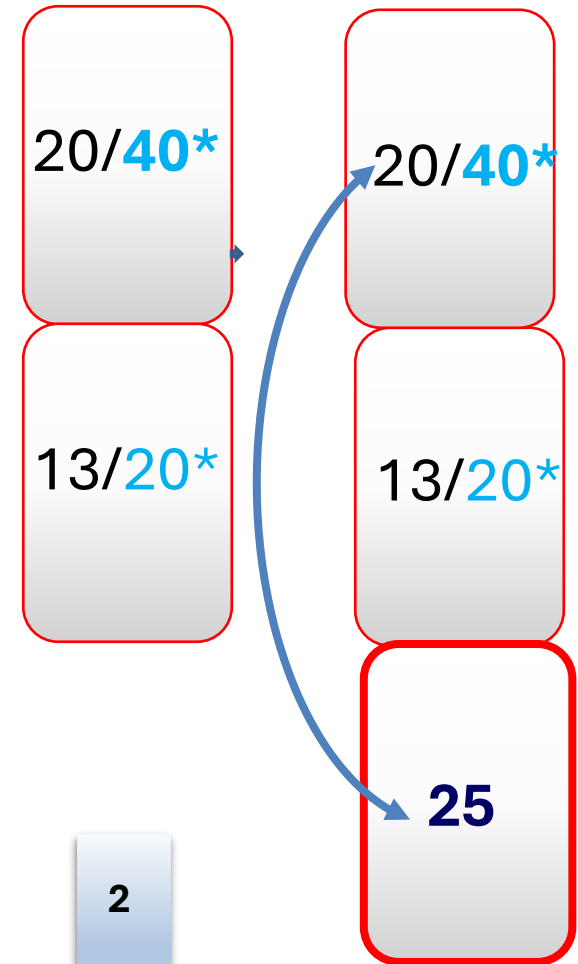
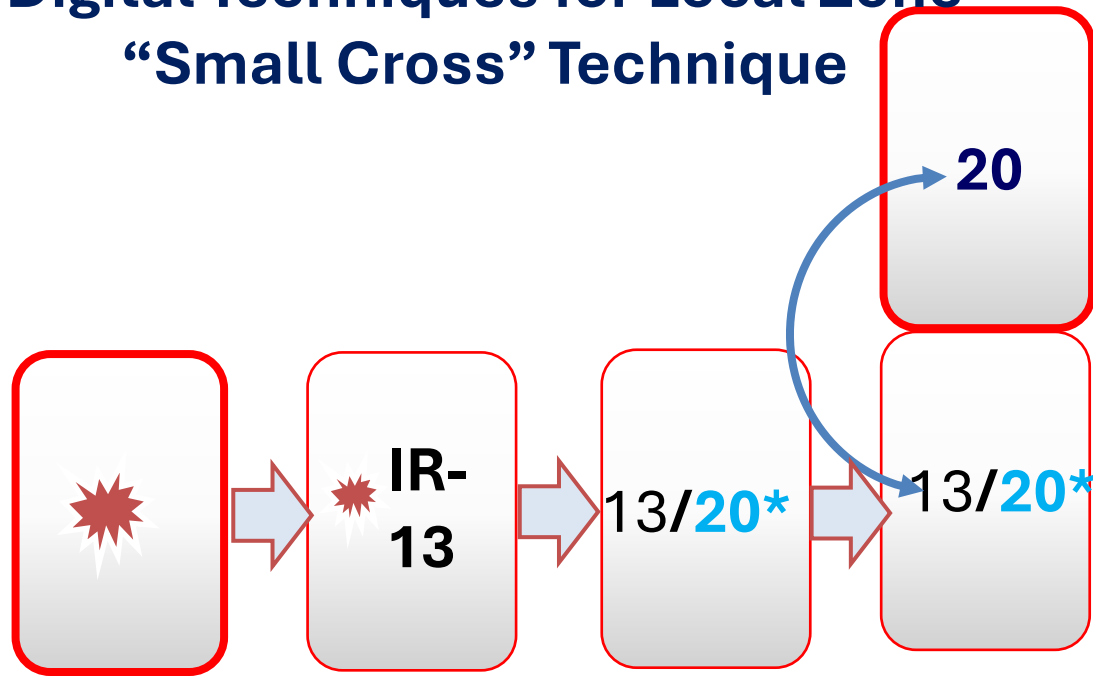
Compare all the Zero's in **6 Simpl Small Crosses**, the greatest gets FMVAR 2 min.

Device settings: D-1, basic, E-min.



Digital Techniques for Local Zone

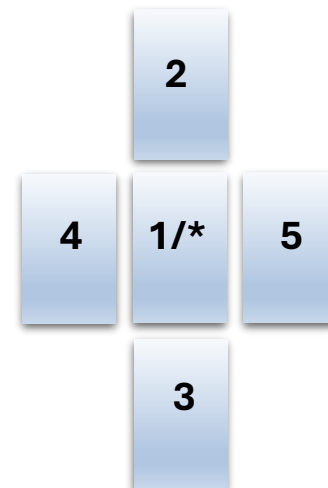
“Small Cross” Technique

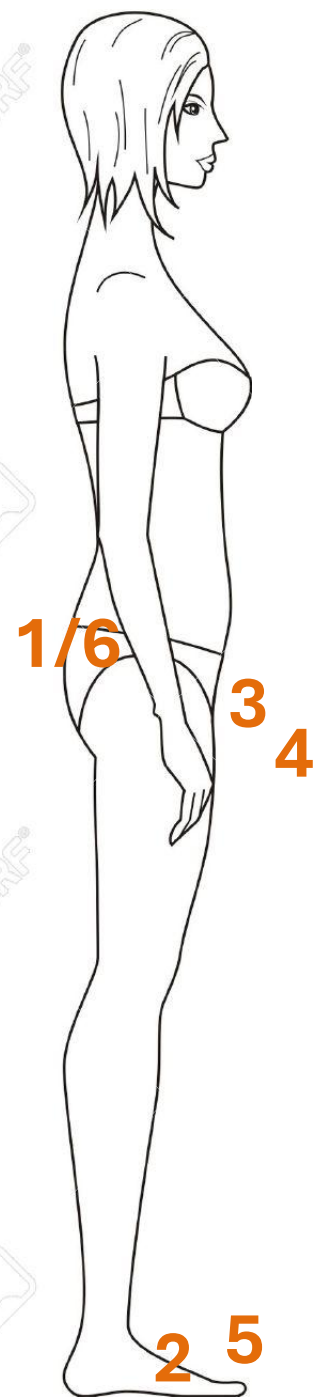
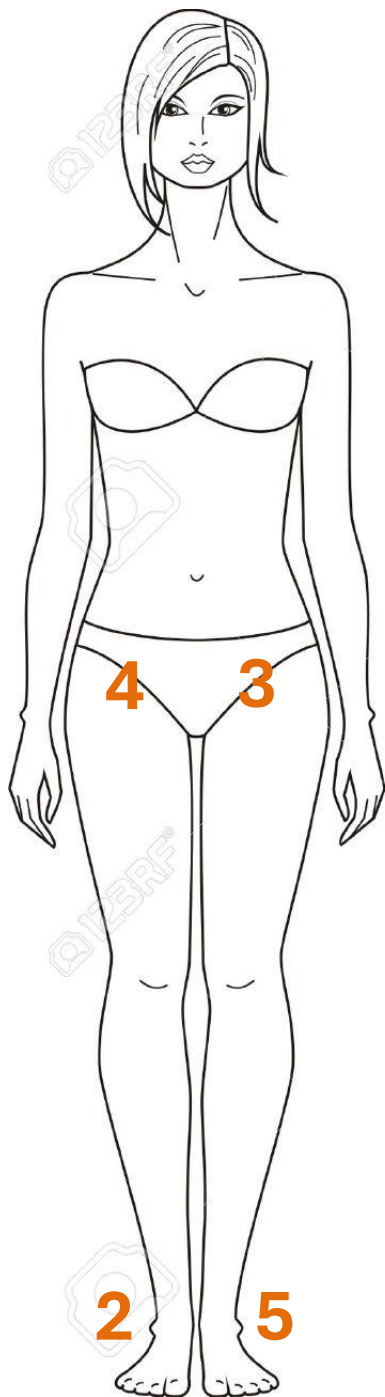


Device settings: IDM/D-1, - basic settings, E-comf.

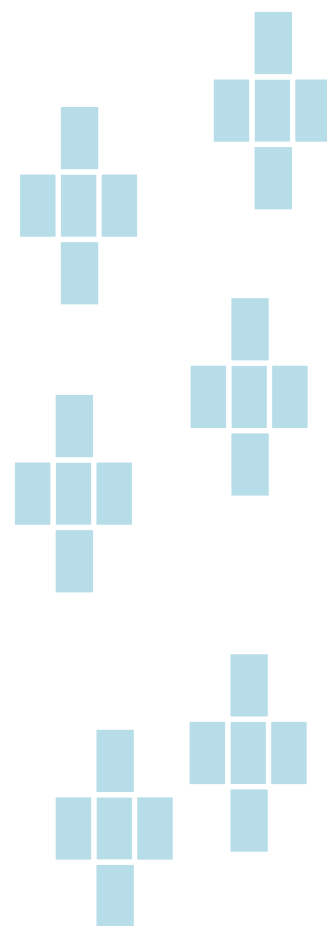
TREATMENT ALGORITHM

- 5 positions,
 - on the 1st position (center) - always Dose (*),
 - the difference +1,
 - no Rule of “The last position”.
- Each Cross gets Zero @ “0”.





FMVAR-2min



HOLIDAY SEASON “12 DAYS OF WELLNESS WITH SCENAR” CHALLENGE

1ST WEEK: 3 DETOX PROCEDURES.

Cleansing and Stimulation. Drainage

2nd WEEK: 3 PROCEDURES SCENAR therapy

The best way to boost your immunity this holiday season

3rd WEEK: 3 PROCEDURES of SCENAR therapy for Stress-free Holiday Season

4th WEEK: 3 PROCEDURE of SCENAR Therapy for Endocrine system



Modes with biocontrolled feedback

New expert possibilities

SCENAR® FORCE

SCENAR® FORCE (*SCENAR® NT 02.01 C*)

is the most advanced and multifunctional model, incorporating all available functions and signal variables developed up-to-date in **SCENAR® technology**.



32 Presets - Universal Set

Fast Aid	First Aid/ Emergency	Relax	Relaxation
Sub Acute	Subacute pain	LittlMuscul	Small Muscles Myostimulation
ChronicPain	Chronic Pain	Big Muscul	Large Muscles Myostimulation
Irradiation	Irradiation	Myo Sup	Surface Myostimulation (Massage)
Point Pain	Point pain	Myo Uni	Universal Myostimulation (Massage)
Local Pain	Localized pain	Myo Deep	Deep Myostimulation (Massage)
Symmetry	Symmetry of pain zone	Stim Relax	Myostimulation w/Relax Pause
Centr.Pain	Central treatment of pain	Myo Isoton	Isotonic Myostimulation
Periph.Pain	Periphery treatment of pain	Sport Prep	Sport/ Workout Preparation
JointAcute	Joint acute pain	Sport After	After Sport/ Workout Maintenance
JointChron	Chronic joint point pain	Milk Acid	Milk Acid Elimination
JointTraum	Joint trauma	AcuteTrauma	Acute Trauma, bruise, injury
Join Caps	Joint Capsule	Lymph	Labile Lymph Drainage
Trigger	Trigger point	Low FM	Low Frequency Swing
Preparation	Preparation/Pre...Maintenance	High FM	High Frequency Swing
Myo	Myostimulation	FM-Var	FM-VAR

Contraindications

DO NOT use SCENAR device on patients:

1. who have a cardiac pacemaker, implanted defibrillator, or other implanted metallic or electronic device, because this may cause electric shock, burns, electrical interference, or death.
2. whose pain syndromes are undiagnosed (until etiology is established).
3. with an individual intolerance of the electric current.
4. with severe mental diseases.
5. for self-treatment in case of alcoholic intoxication.
6. with acute infectious diseases of obscure origin.
7. who are pregnant (do not work in the direct projection of the uterus and never in the 1st trimester).

The information presented in this webinar material should not be considered complete or take the place of a consultation with a physician or competent healthcare professional for medical diagnosis and/or treatment.

See your physician or other qualified health care provider promptly with any health care related questions. Always consult with your physician or other qualified health care provider before embarking on any new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this webinar material .

If the word professional is used in conjunction with any device it refers to the quality of its construction, not its intended use.

Any claims made in this webinar material regarding device capabilities are not to be taken as medical fact, but simply indicate possible features or benefits.